

LMC Program Review Year 3 Update 2019-2020

Instructional Unit Name: KINESIOLOGY

Introduction

In 2017-2018, all departments/programs completed a Comprehensive Program Review (CPR), in which goals were set for the 2017-2022 program years. Los Medanos College (College) is now in year three of a five-year review cycle. New to this program review cycle is the passage of the State's [Vision for Success](#) plan which establishes system-wide goals that can only be attained by each department contributing to college-level goals aligned with the state plan. Toward that end, the [Contra Costa Community College District Strategic Plan](#) (CCCD Strategic Plan) adopted by the Governing Board at its June 2019, meeting, aligns with the *Vision for Success* and plans are underway to ensure that the *Los Medanos College Educational Master Plan (LMC EMP)* also supports college and state goals. The intent is to direct College efforts toward a singular and coordinated set of goals.

The *Vision for Success* directs each college to increase degree and certificate completion and increase student transfers, improve time to completion, increase job placement in field of study, narrow achievement gaps and establishes targeted goals in five primary areas as follows:

Goal #1 Increase by 20 percent the number of CCC students annually who acquire associates degrees, credentials, certificates, or specific skill sets that prepare them for an in-demand job.

Goal #2 Increase by 35 percent the number of CCC students' system-wide transferring annually to a UC or CSU.

GOAL #3 Decrease the average number of units accumulated by CCC students earning associate's degrees, from approximately 87 total units (the most recent system-wide average) to 79 total units—the average among the quintile of colleges showing the strongest performance on this measure

GOAL #4 Increase the percent of exiting CTE students who report being employed in their field of study, from the most recent statewide average of 69 percent to an improved rate of 76 percent—the average among the quintile of colleges showing the strongest performance on this measure in the most recent administration of the CTE Outcomes Survey.

Goal #5 Reduce equity gaps across all of the above measure through faster improvements among traditionally underrepresented groups as identified by the college.

The College can only meet its local and state goals with the contribution of each department's efforts. As noted, the intent is to direct College efforts towards a singular and coordinated set of goals to garner greater efficiencies and avoid duplication of effort.

The *Program Review Year 3 Update* includes five components with specified timeframes (not in chronological order) for draft and completion:

Item 1. Program Update (October 1 – October 31)

Provide an update to the department's 2017-18 CPR

Item 2. Setting the Vision for Success Goals 2021-22 (November 1 – November 27)

Department/program alignment of goals, action steps, timeline, responsible party and next steps – all tied to the *Vision for Success* indicators. For ease of reference, the *Vision for Success* indicators are included in this section.

Item 3. Assessment Date and Effectiveness (August 26 – September 30)

Status report on the review and assessment of courses and next steps

Item 4. Course Outline Updates (August 26 – September 30)

Status report on the review and assessment of Course Outline of Records and next steps

Item 5. Resource Needs (February 1 – February 28)

Resource needs to meet goals, if any.

The table below shows a list of the above components in chronological order. The intent is to complete sections of Program Review by these dates to better assess and inform the process.

Date	Program Review Update Component
August 26 – September 30	Item 3. Assessment Date and Effectiveness Status report on the review and assessment of courses and next steps.
August 26 – September 30	Item 4. Status report on the review and assessment of Course Outline of Records and next steps.
October 1 – October 31	Item 1. Provide an update to the department's 2017-18 CPR
November 1 – November 27	Item 2. Department/program alignment of goals, action steps, timeline, responsible party and next steps – aligned with the <i>Vision for Success</i> indicators.
February 1 – February 8	Item 5. Resource Needs

1. Program Update (Oct 1 – Oct 31)

- 1a. Provide any important changes or updates within your program since your last CPR. (New degrees, new curriculum, staffing changes, etc.)

The Kinesiology program is in the midst of many changes, mainly due to the fact that we are moving into a new KAC (kinesiology-Athletic Complex) 11/18/19. The KAC will operate to serve the General student population, Kinesiology majors and Athletics. In addition to continuing with our activity courses, we will be opening up a Fitness Center which will operate as an HBA course call KNACT 110, Fitness Center. The Fitness Center will operate for roughly 56 hours a week with Instruction. Due to the Instructional component, the department has hired 5 new Adjuncts, bringing us to a total of 10 Adjuncts and 3 Full-time Faculty. We are adding student workers to the Fitness Center, with a goal of using our Kinesiology majors to gain hands on experience here on campus. New courses such as Spin, Pickleball, Core Fusion will be in next year's catalog for offering. We have updated some Course names that were originals; Exerjazz to CardioDance and Jazz Dance to Intro to Dance, to make them relevant and create new interest for students. We are discussing possibilities to increase the number of options students will have to meet the AAT Kinesiology degree requirements in the areas of Team/Individual Sports. Students have shown a renewed interest in Dance and we hope to add new classes in that area, as an Adjunct with professional dance background has been hired and is currently teaching in our department. Another area for development in our department is Certificate programs, specifically Personal Training. The department has hired an Adjunct with expertise in Strength and Conditioning programs for college and professional athletes. We hope to utilize this expertise and support the Student Athlete, with training programs, as well as development and implementation of a Personal Training certificate.

- 1b. Please address the following enrollment data provided for your program.

- 1.b.1. What are the enrollment trends over the past 3 years, beginning with Fall 2017? (Please address census enrollment, census fill rate, and productivity (Ftes/Ftef))

Data from the past 3 years shows the following:

- 1) Kinesiology100 is a popular choice of class for students and maintains the 16+ enrollment
- 2) Kinesiology 100 maintains a 90%+ fill rate
- 3) Activity classes have been taught in multiples, thus the Class max is irrelevant (ie. 75 students) and our fill rates look particularly low in those instances....not actually reflecting our fill rate/productivity. When people read the data, this is not identified, and decisions are/may be made which don't reflect the reality of the course.
- 4) Level A and B courses have been offered as multiples and Level A courses tend to have higher fill rates then Level B....however, this has helped productivity

- 1.b.2. What does the data suggest in terms of future needs/directions?

Future needs and direction will be support for Kinesiology Majors. Students are choosing the course/major and having trouble enrolling specifically in the Anat/Physio classes, which are often full. We hope to grow in the sections offered (KINES100) but without availability of other required courses to complete the degree, we aren't as successful as we could be in regards to rewarding degrees from LMC. It appears that some Kines majors transfer without finishing the science requirements because they can't get in at LMC....and then complete them at the 4 year level with the BS degree. We also need to consider adding a Student Athlete Support Area which will meet the needs of our majors who have high crossover rates as athletes and African American students. Other community colleges in the state offer this type of programming and support and our students would benefit from a required use of this space to achieve academic success.

With the new KAC and Fitness Center we plan to see our enrollment numbers improve. We will need outside support from Buildings/Grounds and Police services to keep this area clean and safe so that all may feel comfortable utilizing the facility. We need to increase the course choices in the Martial Arts and dance curriculum for majors and general populations, as currently we only offer one course in these areas to satisfy degree requirements. We plan to add a Personal Training certificate, a high demand cert in both the Fitness Industry and amongst our students at LMC. The new KAC and space will allow this to occur. With the growth we will need more Fulltime faculty in niche areas to offer expertise in a variety of subdisciplines to our students. (ie. Strength/Conditioning, Dance, Martial Arts)

1c. Provide a brief update of your program's goals as listed in your **(CPR)** 2017- 2018. Given these goals, please provide a brief update on: (a) Goals completed since their submission in 2018, and the impact of that completion on program effectiveness; (b) Goals abandoned with an explanation of why they were abandoned and (c) Goals still in progress or modified to be achieved by 2021-2022. Please include action steps, timeline, and responsible parties.

Goals	Completed/ Abandoned/ In Progress/ Modified	Impact/ Explain/ Action Steps	Timeline/ Responsible Parties
Goal 1: Continued success/completion rates for Low Income students	In Progress	The department has developed a 2 year education plan for Kinesiology majors. We intend to adjust class offerings to meet the needs of students schedules so that they can work through the program in 2 years.	
Goal 2: Continued success/completion rates for African American students	In progress	Same as Goal #1 and Consider adding a Student Athlete Support Center in the KAC, using one of the Classrooms as that Center. Kinesiology Majors/African American students/Athletes are often the same person....and would benefit with support for Academic success and transfer. Same as Goal 1	
Goal 3:	In progress	Same as Goal 1	

Increase the number of AAT degrees for LMC students		In addition, we hope that having an Academic support program in our facility for Athletes, many being Kinesiology majors, will create a built-in communication/support for students. Another idea to consider is to offer Anat/Physio specifically to a Kines cohort. The class would enable our students to get into Anat/Physio and could be taught from the Kinesiology perspective, making it very practical in terms of application to the major. Success rates of completion may rise, as we often see in cohorts of students working together.	
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For CTE programs only:

1c. Community and Labor Market Needs (Link Ed Code [78016](#), Title 5, [51022](#))

1d. Advisory Board Update and Analysis (CTE related only) Include dates of Advisory Board meetings in 2018-2019, and those completed or planned in 2019-2020.

2. Setting Vision for Success Goals for 2021-22 (Nov 1—Nov 27)

The *Vision for Success* directs each college to increase degree and certificate completion and increase student transfers, improve time to completion, increase job placement in field of study, narrow achievement gaps and establishes targeted goals in five primary areas. The College can only meet its local and state goals with the contribution of each department's efforts. As noted, the intent is to direct College efforts towards a singular and coordinated set of goals to garner greater efficiencies and avoid duplication of effort.

2a. The following table lists the *Vision for Success* indicators that we must align to as a college and as a district. Please look at your program data (Tableau) for each of the following *Vision for Success* indicators. Please address all indicators that are relevant to your program, set your program goal, indicate the action steps, timeline and responsible parties to achieve program goals.

Vision for Success Indicators and ACCJC Indicator	Program Set Goals for 2021-2022	Action Steps	Timeline	Responsible Parties	Notes
Course Success	80.7	Make sure that qualified Instructors are in place teaching in their area of expertise with energy and enthusiasm to engage students. Utilize to the fullest, the new KAC to bring current/relevant information and instruction to LMC students.	2020-22	Shared responsibility among all faculty in the department	80.7
Degrees (AA, AS, ADT)	20.4	Set up a 2 year ed pathway for students to follow, and schedule classes in the best way possible so that students do not have conflict of	2020-22	Department Chair with the support from the Dean	20.4

		classes in the day			
Certificates of Achievement	NA				NA
Unit Reduction	NA				NA
CTE Jobs	NA				NA

2b. The Vision for Success Goal 5—Equity. The College has identified three disproportionately impacted (DI) populations: African-American, economically disadvantage students (low income), and foster youth students. The College's goal is to reduce the equity achievement gap on course success for disproportionately impacted (DI) student populations. Please look at your program data (Tableau) for each of the following DI population. Please pick one or more DI populations that are relevant to your program, set your program goal, indicate the action steps, timeline and responsible parties to achieve program goals.

Course Success by DI Population	Program Set Goals for 2021-2022	Action Steps	Timeline	Responsible Parties	Notes
African American	74.5	Plenty of communication, regular "check-ins", email if needed, use Starfish	2020-22	All Instructors	74.5
Low Income	81.9	Students are not identified , so hard to make a plan for help. Can offer over-arching help and encourage students to reach out	2020-22	All Instructors	81.9
Foster Youth	65.9	Students are unidentified, so hard to make a plan for help. Can offer over arching help and encourage students to reach out.	2020-22	All Instructors	65.9

3. Assessment Update and Effectiveness (August 26-Sept 30)

- a. Please review the data provided on assessment status of courses in your discipline in Cycle 2 (2017/18-2020/21), if there were any courses that were not assessed in Cohorts 1 and 2, please (a) list them, (b) explain why they were not assessed, (b) when are you going to assess them, and (c) who is going to assess them.

Course	Reason course was not assessed	When course will be assessed	Faculty Responsible for Course Assessment
KNACT 002 KNACT 020	Courses were not taught		
KNACT 008A/B KNACT 0046A/B KIN105		SP20 SP20 SP20	R. Villegas Villegas/Domenichelli D. Domenichelli

- b. Discuss the results of any outcomes assessments (e.g. CSLO) performed this year. What changes, if any, are planned to improve student success?

4. Course Outline of Record Updates (August 26 – Sept 30)

Please review the data provided on the status of COORs in your discipline. (Note: These data do not reflect courses submitted after May 2019. For each COOR that has *not* been updated since May 2019, please indicate the faculty member responsible for submitting the updated COOR to the Curriculum Committee by **November 1, 2019**.

Course	Faculty Responsible for COOR Update
COURSE KNACT008A/B	R. Villegas
COURSE KNACT046A/B	R. Villegas D Domenichelli
COURSE KIN105	D. Domenichelli

Impact of Resource Allocation

If you have received funding via the Resource Allocation Process, you will be asked by the Office of Business Services how the resource helped you in achieving your program goals.

5. Resource Needs (Feb 1 – Feb 28)

Resource needs to meet goals, if any. If there are no requests, this section may be skipped.

<u>Faculty/Staff Resource Request</u>			
Department/Unit Goal - Reference #		Strategic Goal and/or Objective - Reference #	
Kinesiology/Goal 1-3		1, 2, 3, 5	
Department/Unit Name		Position Name/Classification	FTE
Kinesiology		Admin Asst. Student Workers	.5 56 hrs/wk/40 weeks
Position Type	Funding Duration	Funding Source	Est. Salary & Benefits
1) Dept Secretary 2) Student Workers in Fitness Center	1) on going 2) on going		2) minimum wage to total \$29,000/yr
Justification:			
<p>1) Part-time Admin Asst to support both Athletics and Kinesiology. We had this position in past and it was never filled when the person left the job.</p> <p>2) Student workers in the Fitness Center to support Faculty, Users, Kinesiology majors would have “practical experience” working in the AA degree area, gaining useful employment tools for future</p>			

<u>Operating Resource Request</u>	
Department/Unit Goal - Reference #	Strategic Goal and/or Objective - Reference #
Kinesiology Goal 1-3	Goals 1-3, 5
Department/Unit Name	Resource Type
Kinesiology	Maintenance
General Description	Est. Expense
1) Regular Maintenance Agreement for Fitness Center/Weight Room/Spin Bikes	\$7000/annual/12 visits
Justification:	

New equipment in the KAC will need regular maintenance and an agreement will be proactive in regards to keeping everything working well. People will not enroll in classes where the facility and equipment is broken/doesn't work.

<u>Professional Development Resource Request</u>	
Department/Unit Goal - Reference #	Strategic Goal and/or Objective - Reference #
Department/Unit Name	Resource Type
	<input type="checkbox"/> Conference/Meeting <input type="checkbox"/> Materials/Supplies <input type="checkbox"/> Online Learning <input type="checkbox"/> IT Hardware/Software <input type="checkbox"/> Other
General Description	Est. Expense
Justification:	