

# Instructional Units Program Review Year Five Update - Kinesiology Department Latest Version

This cycle is for Instructional Units to complete the Year Five Update of the Program Review Cycle.

## Instructional Units Program Review Year Five Update

### 1. Program Update : Version by **Ralston, Colleen** on **11/05/2021 17:14**

**1a. Provide any important changes or updates within your program since your Program Review Year Three Update (2019-20). (New degrees, new curriculum, staffing changes, etc.)**

Program updates include:

Addition of KAC/Fitness Center, started a student worker program in the Fitness Center, ended w/covid/college budget (per Dean)  
 Courses KNACT 110, 120, 130, 140, 4 semester of Fitness Center use with Fitness Center manual/curriculum to support the courses  
 KNACT 025 Spin, not offered yet due to covid, staffing  
 KNACT 028 Pickleball, not offered yet due to covid, staffing  
 KINES 200 Personal Health and Wellness.....not offered due to conflict created by Biology Dept after this course was approved/published  
 KINES 210 Intro to Public Health....offered 1 semester and enrolled 22 (without any marketing) Cannot offer course again (per Dean)  
 KNDAN/KNACT some courses have had name changes for relevancy/articulation

Planned development of an AAT Public Health that has been stopped due to Biology department conflict with course/staffing

**1b. Please address the following enrollment data provided for your program.**

**1.b.1. What are the enrollment trends over the past 3 years, beginning with Fall 2018? (Please address census enrollment, census fill rate, and productivity (FTES/FTEF))**

The enrollment data is not relevant for us to look at. Prior to covid the Kinesiology department was finishing the new KAC. The new complex opened January 2019 and covid shut everything down 6 weeks into the semester. The enrollment of 500 students into the Fitness Center during the first 6 weeks of opening was successful as our goal was to enroll a minimum of 250 students during the first semester. The Fitness Center enrollment more than doubled enrollments in activity classes prior to KAC opening. Since covid, classes have been remote and many course enrollments have declined, and the department has been kept at a 3.0 FTEF.

**1b. Please address the following enrollment data provided for your program.**

**1.b.2. What does the data suggest in terms of future needs/directions?**

Data for this department is hard to discern.

The nature of Kinesiology has been F2F and due to covid we have not been able to offer the classes.

Activity classes such as Team/Individual sports are challenging to teach in a remote setting.

Any Activity classes offered will most likely enroll due to need/required curriculum for AAT students, not choice for activity as we've known in the past

The Fitness area appeared to be trending up pre covid

Health/Wellness/Public Health are growth areas in the community and culture

Projected Health/Wellness job growth is 22%

22 CSU's total.....18 offer Kinesiology degrees, 11 of those 18 programs are impacted

22 CSU's total.....16 offer Public Health/Health Science degrees, 8 of those 16 programs are impacted

Kinesiology and Public Health/Wellness are "gateway" degrees for many going into Allied Health/ Physical Therapy/Occupational Therapy/Physician Asst

**1c. Provide a brief update on the timeline for your program's goals as listed in your Program Review Year Three Update (2019-2020). If your program's goals are in progress or modified, please include action steps and responsible parties in your explanation.**

Kinesiology program goals have almost stood still for the past 2 years. Covid has created many challenges/change in the area of health and fitness.

We are in progress and waiting to hear from College Administration in order to modify the direction of program/curriculum offerings with the College direction.

We have done the legwork for course development in order to start writing a Public Health degree. We are waiting for the State approval on courses and will make modifications if needed to meet those requirements for transfer.

Beyond the AAT Public Health it makes sense for our LMC student population, to create a Health/Wellness Center on campus which would be operated through the KAC/Fitness Center.

The new facility supports this growth and students will benefit with on campus resources (stress management, diet/exercise, lifestyle choices, etc). Kinesiology/Public Health students could intern within the department to help support programs and gain employment skills. LMC has unlimited potential for student programs and support with the combination of new KAC facilities and "Wellness" if the College should choose to support growth in this area.

In addition to expanding Kinesiology with Health/Wellness programming, we have discussed updating and expanding the Dance area. We consider collaboration with the Drama/Theatre department to expand students engagement and opportunity in the performing arts.

#### **FOR CTE PROGRAMS ONLY**

**1c. Community and Labor Market Needs (Link Ed Code 78016 ([http://leginfo.legislature.ca.gov/faces/codes\\_displaySection.xhtml?lawCode=EDC&sectionNum=78016](http://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?lawCode=EDC&sectionNum=78016)), Title 5, 51022 (<https://govt.westlaw.com/calregs/Document/I69DDBCC0B6CB11DFB199EEE3FF08959C?viewType=FullText&listSource=Search&originationContext=Search+Result&transitionType=SearchItem&contextData=>**

**viewType=FullText&listSource=Search&originationContext=Search+Result&transitionType=SearchItem&contextData=**

(sc.Search)&navigationPath=Search%2f1%2fresults%2fnavigation%2f0ad7140b0000016c911a16d7fb7f969b%3fNav%3dREGULATION\_PUBLICVIEW%26fragmentIdentifier%3d69DDBCC0B6CB11DFB199EEE3FF08959C%26startInde

No Value

**FOR CTE PROGRAMS ONLY**

1d. Advisory Board Update and Analysis (CTE related only) Include dates of Advisory Board meetings in 2020-2021, and those completed or planned in 2021-2022.

No Value

Goals and Objectives	Modified	In Progress	Abandoned	Completed
Goal 1. Strengthen a culture of equity, diversity, inclusion, and racial justice. (District #2 and #4)				
Goal 2. Increase and maximize equitable opportunities for students to successfully complete courses and programs. (District #1 and #2)				
Goal 3. Increase opportunities that will prepare students to enter high-demand and living-wage occupational fields. (District #3)				
Goal 4. To better support students in accomplishing their academic and career goals – from entry to completion/transition – and to enhance course-level and program-level achievement, expand and deepen educational, workforce, and community partnerships. (District #3)				
Goal 5. Effectively utilize institutional resources to meet the needs critical to the College mission. (District #4 and #5)				

2. Vision for Success Goals Update : Version by **Ralston, Colleen** on 11/05/2021 17:14

2a. The following table lists the *Vision for Success* indicators that we must align to as a College and as a District. Please look at your program data (Tableau) for each of the following *Vision for Success* indicators. Please address all indicators that are relevant to your program and provide a status update on your program goals from your Program Review Year Three Update. Please include action steps if your goal(s) has been modified and an explanation if your goal(s) has been abandoned. \*

*\*NOTE - Please copy and paste the table below in your response and complete accordingly.*

Vision for Success Indicators and ACCJC Indicator	Program Set Goals (from PR Year 3 Update)	Status (Indicate Modified, Completed, or Abandoned)	Timeline	Responsible Parties	Action Steps/ Explanation
Course Success					
Degrees ( AA, AS, ADT)					
Certificates of Achievement					
Unit Reduction					
CTE Jobs					

Vision for Success Indicators and ACCJC Indicator	Program Set Goals (from PR Year 3 Update)	Status (Indicate Modified, Completed, or Abandoned)	Timeline	Responsible Parties	Action Steps/ Explanation
Course Success	70	69		Kines Dept	maintain/continue success with new facilities and updated courses
Degrees ( AA, AS, ADT)	23	27		Kines Dept	maintain/continue growth, supported with new facilities, up to date programming
Certificates of Achievement					
Unit Reduction					
CTE Jobs					

2b. The *Vision for Success Goal 5 - Equity* is designed to reduce the equity achievement gap on course success for disproportionately impacted (DI) student populations. The College has identified the following three disproportionately impacted (DI) populations: African-American, economically disadvantage students (low income), and foster youth students.

Please review your program data (Tableau) for each of the aforementioned DI populations, and provide a status update on your program goal(s) for your previously selected DI population(s) in your Program Review Year Three Update. If your goal(s) has been modified please include action steps and if your goal(s) has been abandoned please provide an explanation.\*

*\*NOTE - Please copy and paste the table below in your response and complete accordingly.*

Strategic Initiative Report

Course Success by DI Population	Program Set Goals (PR Year 3 Update)	Status (Indicate Modified, Completed or Abandoned)	Timeline	Responsible Parties	Action Steps/ Explanation
African American					
Low Income					
Foster Youth					

Course Success by DI Population	Program Set Goals (PR Year 3 Update)	Status (Indicate Modified, Completed or Abandoned)	Timeline	Responsible Parties	Action Steps/ Explanation
African American	70/57 KNACT/KINES	88/43 KNACT/KINES		KINES Dept	maintain/continue growth pandemic may have been a factor for student success in KINES
Low Income	74/67 KNACT/KINES	88/68 KNACT/KINES		KINES Dept	maintain/continue growth
Foster Youth	65/47 KNACT/KINES	78/50 KNACT/KINES		KINES Dept	maintain/continue growth

3. Assessment Status Update and CSLO Assessment Effectiveness : Version by Ralston, Colleen on 11/05/2021 17:14

a. Please review the data provided on the assessment status of courses in your discipline for Cycle Two (2017/18-2020/21). For any courses that were not assessed in Cycle Two please list them in the table below in your response including why they were not assessed, when you are going to assess them, and who is going to assess them.\*

\*NOTE - Please copy and paste the table below in your response and complete accordingly (add extra rows if needed).

Course Name/ Number	Reason course was not assessed	When course will be assessed	Faculty Responsible for Course Assessment
Course Name/ Number	Reason course was not assessed	When course will be assessed	Faculty Responsible for Course Assessment
KNACT 004A/B	Course not taught	uncertain when it will be offered again	Lori Biles

b. Discuss the results of any CSLO assessments performed this year. What changes, if any, are planned to improve student success (ex. pedagogy, assessment instruments are not appropriate to measure, CSLO rewritten etc.)?

CSLO Assessments performed and possible changes to improve student success for:

KNACT 008A/B/C.....Handouts and video for Canvas shell to offer students a resource regarding proper safety, lifting techniques and stretching pertinent to weight training programs (CSLO 1, 2, 3)

KNACT 014A/B.....Handouts for Canvas shell to support student learning regarding scoring strategies, specific skills, game situations (CSLO 1, 2, 3)

KNACT 046A/B.....Handouts and video for Canvas shell to offer students a resource regarding shooting, dribbling, passing fundamentals and drills (CSLO 1, 2, 3)

KNACT 011A/B...Handouts and video for Canvas shell to offer students a resource regarding cardio, strength and endurance conditioning techniques, safety and modalities (CSLO1-3)

KNACT 057A/B/C....Include, along with regular yoga practice, a pre/mid/post assessment to help students determine their progress and adjust their yoga practice accordingly in order to meet students personal goals identified at the beginning of the course (CSLO 1-4)

KNDAN 053....Require video/internet performance assessment of various types of dance (CSLO 1-5) Provide and require student performance of dance in class and community settings (CSLO5)

KINES 105.....Require students to demonstrate in small groups/class victim assessment, bandaging, AED use (CSLO 1-3), offer students an option to obtain a CPR/1st Aid/AED Certificate through online testing company (CSLO 1-3)

4. Course Outline of Record Updates : Version by Ralston, Colleen on 11/05/2021 17:14

Please review the data provided in eLumen for the status of the Course Outline of Records (COORs) in your discipline. Please indicate in the table below any COOR(s) for your discipline that has not been updated and identify the faculty member responsible for submitting the updated COORs) to the Curriculum Committee by November 1, 2021.\*

\*NOTE - Copy and paste the table below in your response and complete accordingly (add extra rows if necessary).

Course (Enter Course Name ex. ENGL-100)	Faculty Responsible for COOR Update
Course (Enter Course Name ex. ENGL-100)	Faculty Responsible for COOR Update
KNACT 002 Step	C. Ralston

	M. Bradley
	C. Ralston
	R. Villegas
	M. Bradley
KNACT 004A Pilates	D. Domenichelli
KNACT 010A/B Circuit Training	R. Villegas
KNACT 012 Fit Walk	C. Ralston
KNACT 020 Cardio Dance	M. Bradley
KNACT 033 Kickboxing	M. Bradley
KNACT 042 Golf	M. Bradley
KNACT 049 Body Sculpt	D. Domenichelli
KNDAN 053 Intro to Dance	
KNDAN 054/55 Int/Adv Jazz	
KNACT 057A/B/C Yoga	
KINES 105 CPR/1st Aid	

Impact of Resource Allocation