

ARTICULATION AGREEMENT

DATE DRAFTED: November 18, 2019 **VALID ACADEMIC YEAR**: 2019-20

LMC COURSE: COUNS-032 "Introduction to Career Exploration" & COUNS-034 "College Success"

HIGH SCHOOL COURSE: Health Science I & II

School: Dozier-Libbey Medical High School

Address: 4900 Sand Creek Rd., Antioch, CA 94531

A. COLLEGE COURSE DESCRIPTION: <u>COUNS-032</u> "This course is an intense career exploration designed to engage students in their own career development. Topics include how to realistically assess, review, and interpret various areas such as interests, attitudes, values, priorities, skills and strengths, goals, and career options in the current job market. This course also covers financial literacy."

<u>Couns-034</u> "This course is designed to help students develop the critical thinking skills and personal confidence necessary to succeed in college. Topics will include problem solving techniques, learning styles, timemanagement, goal-setting, study skills and test-taking strategies, stress management and LMC support services."

B. UNITS: 1.5 each (3 units total)

C. PRE-REQUISITES: NA

D. REQUIRED CONTENT FOR ARTICULATION:

The course has three units driven by the following questions: 1) Who am I? 2) What Do I want? 3) How will I get there?

These Essential Questions require you to ask yourself to honestly determine how you will achieve your academic and career goals. From these questions, you will determine what you want. Our task as your instructor is to help you work through this process.

Unit	Main Topics
1. "Who Am I?"	 Passions, Skills and Aptitudes, Strengths
	and Personality
	 Budget and Lifestyles
	 Career Interests
2. "What Do I Want?"	 Decision Making, Problem Solving
	 Goal Setting
	 Perseverance, Course Corrections,
	Overcoming Obstacles
3. "How Will I Get There?"	21 st Century Skills
	 Resume
	 Post-Secondary Education
	My 10 Year Plan

This semester course spread over the 1st quarter of your 9th grade and 2nd quarter of your 10th grade is where you will be given the opportunity to think about and plan:

- Create high school goals and plan to execute them.
- Graduate from high school.
- Post-high school education and training.
- Enter the workforce with the training and skills necessary to be financially independent.

We will work through activities online and in class that will develop your decision-making, problem solving and critical thinking skills. While answering the questions "Who Am I?", "What Do I Want?" and "How Will I Get There?" students will set short and long term goals and determine the best life choices for attaining those goals. You will complete the course with a detailed, comprehensive 10 Year Plan that outlines your future lifestyle, education and career objectives. You will also enroll in a Los Medanos College course through a process called "course to course" articulation. Upon successful completion of the course, with a grade of B or better, students will earn 3 units of college credit from Los Medanos College.

E. REQUIRED COMPETENCIES (PERFORMANCE OBJECTIVES) FOR ARTICULATION

College and Career Readiness course includes curriculum that is taught through classroom discussions, higher order thinking (analysis, synthesis, & evaluation), critical, creative and strategic thinking, and interdisciplinary projects. Measurable goals and objectives will be attached to each unit of the course, and students will work to master career exploration course standards from Los Medanos College's Introduction to Career Exploration and College Success. By the end of the course students will:

- 1. Develop an educational goal and the appropriate pathway to achieve their goal (Use career center resources to research and identify college majors and transfer options)
- 2. Align their skills, interests, abilities, and values to appropriate career options
- 3. Utilize personality assessment data to evaluate appropriate work environments for themselves (including financial literacy)
- 4. Identify their educational goals and personal and academic barriers to achieving those goals.
- 5. Successfully navigate college resources to support their academic success.
- 6. Demonstrate effective study skills and strategies.

F. METHODS FOR END OF COURSE ASSESSMENT:

Graded Assignments:

Class Participation 30%
Writing Prompt 20%
Portfolio Elements 20%
10 Year Plan Portfolio 30%

Quarter/Semester Grade Calculations

This course runs a full semester broken down as 1st Quarter to be covered in 9th grade and 2ndQuarter to be covered in 10th grade. The grade that you earn as a freshman will be forwarded to your 10th grade Health Science teacher who will finalize your final grade after you complete the entire curriculum.

This is a college-level course and will be awarded college credit by Los Medanos through a process known as "course to course" articulation. You will need to successfully complete the course with an A or B grade at DLMHS to receive the credit.

G. PROCEDURES AND/OR CRITERIA FOR COURSE ARTICULATION:

- a. Complete Health Science I & II at Dozier-Libbey Medical High School with a grade of "C" or better.
- b. Pass the agreed upon LMC final exam procedure: **COMPLETION OF THE ONLINE "MY 10 YEAR PLAN"**®
- c. Be recommended for credit by your high school teacher.
- d. Apply for admission at Los Medanos College.
- e. Register for CATEMA for electronic submission of college credit **OR** obtain copy of high school transcript and articulation agreement and submit to the LMC Office of Admissions & Records **within the academic year in which credit was earned.**
- f. Upon completion of the above, the student will receive on his/her LMC and CCCCD (California Community College District) transcripts the units of credit for LMC's COUNS-032 & 034 courses.
- g. College transcripts will reflect the **FINAL EXAM GRADE (In this case a "P" for "Pass")** and will be notated as *Credit by Exam.

H. TEXTBOOKS OR OTHER SUPPORTING MATERIALS

Instructional Materials:

Career Choices by Mindy Bingham
Portfolio and Workbook
My10YearPlan.com online workbook
Career Transitions Student Reader
Los Medanos College Course Catalog

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COLLEGE SIGNATURES

HIGH SCHOOL/ROP/DISTRICT SIGNATURES

SOLLEGE SIGNATORES		THOM SCHOOL KOLDSTRICT SIGNATURES	
Dr. Sally Montemayor L Dr. Sally Montemayor L Dr. Sally Montemayor L	enz	Scott E. Osterholt Scott E.Osterholt (Dec 20, 2019)	
Sally Montemayor Lenz, Ed.D.	Date	Scott Osterholt	Date
LMC Interim Vice President of Instruction		Principal, Dozier-Libbey Medical High Schoo	
<i>Jeffrey W. Benford, Sr.</i> Jeffrey W. Benford, Sr. (Dec 11, 2019)		Michael V. Santos Michael V. Santos (Jan 15, 2020)	
Jeffrey Benford	Date	Mike Santos	Date
LMC Dean of Counseling & Student Supp	ort	AUSD Director of Program Improvement	
Michollo Mack_ ichelle Mack (Dec 4, 2019)	5	Christine Ibarra Christine Ibarra (Jan 15, 2020)	
Michelle Mack	Date	Christine Ibarra	Date
LMC Counseling Department Co-Chair		AUSD Associate Superintendent, Educational Ser	vices
Tiffany Welter Tiffany Welter (Nov 18, 2019)		Amy Bettencourt (Jan 15, 2020)	
Tiffany Welter	Date	- Amy Bettencourt	Date
Faculty, Los Medanos College		AUSD Director of Educational Services, Instru Support	uction
		Pamela A. Pierson 1/9/2020 Pamela A. Pierson 1/9/2020 (Jan 15, 2020)	
		Pam Pierson	Date

DLMHS Teacher

COUNS-032 & 034 w-DLMHS 2019-20 FINAL

Final Audit Report 2020-01-15

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