

**ARTICULATION AGREEMENT**

**DATE DRAFTED:** October 3, 2018

**VALID ACADEMIC YEAR:** 2018-19

**LMC COURSE:** COUNS-032 "Introduction to Career Exploration" & COUNS-034 "College Success"

**HIGH SCHOOL COURSE:** College and Career Seminar

**School:** Antioch High School

**Address:** 700 West 18<sup>th</sup> Street Antioch, CA 94509

**A. COLLEGE COURSE DESCRIPTION: COUNS-032** "This course is an intense career exploration designed to engage students in their own career development. Topics include how to realistically assess, review, and interpret various areas such as interests, attitudes, values, priorities, skills and strengths, goals, and career options in the current job market. This course also covers financial literacy."

**Couns-034** "This course is designed to help students develop the critical thinking skills and personal confidence necessary to succeed in college. Topics will include problem solving techniques, learning styles, time- management, goal-setting, study skills and test-taking strategies, stress management and LMC support services."

**B. UNITS: 1.5 each (3 units total)**

**C. PRE-REQUISITES: NA**

**D. REQUIRED CONTENT FOR ARTICULATION:**

The course has three units driven by the following questions:

**a. Who Am I?**

**b. What Do I Want?**

**c. How Will I Get There?**

These Essential Questions require students to honestly ask themselves how they will achieve their academic and career goals. From these questions, they will determine what they want. The teacher will help them work through this process.

- Passions, Skills and Aptitudes, Strengths and Personality
- Budgets and Lifestyles
- Career Interests
- Decision making, Problem Solving
- Goal Setting
- Perseverance, Course Corrections, Overcoming Obstacles
- 21<sup>st</sup> Century Skills
- Resume
- Post-secondary Education
- My 10-year Plan

#### **E. REQUIRED COMPETENCIES (PERFORMANCE OBJECTIVES) FOR ARTICULATION**

College and Career Readiness course includes curriculum that is taught through classroom discussions, higher order thinking (analysis, synthesis, & evaluation), critical, creative and strategic thinking, and interdisciplinary projects. Measurable goals and objectives will be attached to each unit of the course, and students will work to master career exploration course standards from Los Medanos College's Introduction to Career Exploration and College Success. By the end of the course students will:

1. Develop an educational goal and the appropriate pathway to achieve their goal (Use career center resources to research and identify college majors and transfer options)
2. Align their skills, interests, abilities, and values to appropriate career options
3. Utilize personality assessment data to evaluate appropriate work environments for themselves (including financial literacy)
4. Identify their educational goals and personal and academic barriers to achieving those goals.
5. Successfully navigate college resources to support their academic success.
6. Demonstrate effective study skills and strategies.

#### **F. METHODS FOR END OF COURSE ASSESSMENT:**

1. Credit by exam: Students must receive a grade of "C" or better on the final exam.  
Graded Assignments
2. Portfolio and Workbook Activities
3. Daily Classwork Activities
4. Final Essay and 10 Year Plan

#### **G. PROCEDURES AND/OR CRITERIA FOR COURSE ARTICULATION:**

1. Complete the College and Career Seminar course at Antioch High School with a grade of "C" or better.
2. Receive a grade of "C" or better on the final exam procedure.
3. Apply for admission at Los Medanos College.
4. Register for CATEMA for electronic submission of college credit **OR** obtain copy of high school transcript and articulation agreement and submit to the LMC Office of Admissions & Records.
5. Upon completion of the above, the student will receive on his/her LMC and CCCCDC (California Community College District) transcripts the grade of "P" (Pass) and the unit credit for LMC's COUNS-032 & COUNS-034 courses with a notation indicating college credit was granted by exam. (Credit by Exam)

#### **H. TEXTBOOKS OR OTHER SUPPORTING MATERIALS**

*Career Choices* by Mindy Bingham  
*Portfolio and Workbook*  
*My10YearPlan.com* online workbook  
*Career Transitions Student Reader*  
*Los Medanos College Course Catalog*

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### COLLEGE SIGNATURES

Kevin P. Horan  
Kevin P. Horan (Oct 31, 2018)

Kevin Horan Date  
LMC Vice President of Instruction & Student Services

Jeffrey W. Benford, Sr.  
Jeffrey W. Benford, Sr. (Oct 30, 2018)

Jeffrey Benford Date  
LMC Dean of Counseling & Student Support

Elizabeth Costanza  
Elizabeth Costanza (Oct 9, 2018)

Liz Costanza Date  
LMC Counseling Department Co-Chair

Tiffany Welter  
Tiffany Welter (Oct 3, 2018)

Tiffany Welter Date  
Faculty, Los Medanos College

### HIGH SCHOOL/ROP/DISTRICT SIGNATURES

Louis J. Rocha  
Louis J. Rocha (Oct 31, 2018)

Louis Rocha Date  
Principal, Deer Valley High School

Michael V. Santos  
Michael V. Santos (Nov 1, 2018)

Mike Santos Date  
AUSD Director of Program Improvement

Christine Ibarra  
Christine Ibarra (Nov 1, 2018)

Christine Ibarra Date  
AUSD Associate Superintendent, Educational Services

Andy Cannon

Andy Cannon Date  
AUSD Director of Curriculum, Instruction & Assessment

Melisa McClary  
Melisa McClary (Oct 31, 2018)

Melisa McClary Date  
Faculty, Antioch High School

Cc: LMC Director of Admissions and Records

LMC K-12 Program Coordinator

LMC Pathways & CTE Counselor

School District Educational Services Dept.

High School Principal

High School CATEMA Contact

Upload: LMC High School Articulation webpage

StatewidePathways.Org