

**ARTICULATION AGREEMENT**

**DATE DRAFTED:** November 18, 2019

**VALID ACADEMIC YEAR:** 2019-20

**LMC COURSE:** COUNS-032 "Introduction to Career Exploration" & COUNS-034 "College Success"

**HIGH SCHOOL COURSE:** College and Career Seminar

**School:** Antioch High School

**Address:** 700 West 18<sup>th</sup> Street Antioch, CA 94509

**A. COLLEGE COURSE DESCRIPTION: COUNS-032** "This course is an intense career exploration designed to engage students in their own career development. Topics include how to realistically assess, review, and interpret various areas such as interests, attitudes, values, priorities, skills and strengths, goals, and career options in the current job market. This course also covers financial literacy."

**Couns-034** "This course is designed to help students develop the critical thinking skills and personal confidence necessary to succeed in college. Topics will include problem solving techniques, learning styles, time- management, goal-setting, study skills and test-taking strategies, stress management and LMC support services."

**B. UNITS: 1.5 each (3 units total)**

**C. PRE-REQUISITES: N/A**

**D. REQUIRED CONTENT FOR ARTICULATION:**

Main Topics
<ul style="list-style-type: none"><li>• Passions, Skills and Aptitudes, Strengths and Personality</li><li>• Budgets and Lifestyles</li><li>• Career Interests</li></ul>
<ul style="list-style-type: none"><li>• Decision Making, Problem Solving</li><li>• Goal Setting</li><li>• Perseverance, Course Corrections, Overcoming Obstacles</li></ul>
<ul style="list-style-type: none"><li>• 21<sup>st</sup> Century Skills</li><li>• Resume</li><li>• Post-Secondary Education</li><li>• My 10-year plan</li></ul>

**E. REQUIRED COMPETENCIES (PERFORMANCE OBJECTIVES) FOR ARTICULATION:**

This one semester course for 9th graders is where you will be challenged to think about and plan for:

- Creating high school goals and a plan to execute those goals
- graduation from high school
- post-high school education and training
- entering the workforce with the training and skills necessary to be financially independent

We will work through activities online and in class that will develop your decision-making, problem solving and critical thinking skills. While answering the questions “Who Am I?”, “What Do I Want?”, and “How Will I Get There?”, students will set short- and long-term goals and determine the best life choices for attaining those goals. You will complete the course with a detailed, comprehensive 10 Year Plan that outlines your future lifestyle, education, and career objectives. You will also enroll in a Los Medanos College course through a process called articulation. Upon successful completion of the course, with a grade of C or better, students will earn 3 units of college credit from Los Medanos College.

#### F. METHODS FOR END OF COURSE ASSESSMENT:

##### **Skill and Assessment Objectives:**

The Career Transitions course includes curriculum that is taught through classroom discussions, higher order thinking (analysis, synthesis, & evaluation), critical, creative and strategic thinking, and interdisciplinary projects. Measurable goals and objectives will be attached to each unit of the course.

##### **Graded Assignments**

**Participation/Warm Up**                      **20%**

**Daily Assignments**                      **40%**

**Tests/Quizzes/Projects**

**10 Year Plan Portfolio**                      **40%**

##### **Quarter/Semester Grade Calculations**

The course runs a full semester. Your Quarter grade will be a calculation of your current score at the close of each quarter.

#### G. PROCEDURES AND/OR CRITERIA FOR COURSE ARTICULATION & CREDIT RECOMMENDATION:

- Complete the College and Career Seminar class at Antioch High School with a grade of “C” or better.
- Pass the agreed upon LMC final exam procedure: **COMPLETION OF THE ONLINE “MY 10 YEAR PLAN”®**
- Be recommended for credit by your high school teacher.
- Apply for admission at Los Medanos College.
- Register for CATEMA for electronic submission of college credit **OR** obtain copy of high school transcript and articulation agreement and submit to the LMC Office of Admissions & Records **within the academic year in which credit was earned.**
- Upon completion of the above, the student will receive on his/her LMC and CCCCDC (California Community College District) transcripts the units of credit for LMC’s COUNS-032 & 034 courses.
- College transcripts will reflect the **FINAL EXAM GRADE (In this case a “P” for “Pass”)** and will be notated as \*Credit by Exam.

#### F. TEXTBOOKS OR OTHER SUPPORTING MATERIALS

##### **Instructional Materials:**

*Career Choices* by Mindy Bingham

*Portfolio and Workbook*

*My10YearPlan.com* online workbook

*Career Transitions Student Reader*

*Los Medanos College Course Catalog*

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### COLLEGE SIGNATURES

Dr. Sally Montemayor Lenz  
Dr. Sally Montemayor Lenz (Dec 11, 2019)

Sally Montemayor Lenz, Ed.D. \_\_\_\_\_ Date  
LMC Vice President of Instruction (Interim)

Jeffrey W. Benford, Sr.  
Jeffrey W. Benford, Sr. (Dec 11, 2019)

Jeffrey Benford \_\_\_\_\_ Date  
LMC Dean of Counseling & Student Support

Michelle Mack  
Michelle Mack (Dec 4, 2019)

Michelle Mack \_\_\_\_\_ Date  
LMC Counseling Department Co-Chair

Tiffany Welter  
Tiffany Welter (Nov 18, 2019)

Tiffany Welter \_\_\_\_\_ Date  
Faculty, Los Medanos College

### HIGH SCHOOL/ROP/DISTRICT SIGNATURES

Louie Rocha  
Louie Rocha (Dec 12, 2019)

Louis Rocha \_\_\_\_\_ Date  
Principal, Antioch High School

Michael V. Santos  
Michael V. Santos (Dec 16, 2019)

Mike Santos \_\_\_\_\_ Date  
AUSD Director of Program Improvement

Christine Ibarra  
Christine Ibarra (Dec 16, 2019)

Christine Ibarra \_\_\_\_\_ Date  
AUSD Associate Superintendent, Educational Services

Amy Bettencourt  
Amy Bettencourt (Dec 16, 2019)

Amy Bettencourt \_\_\_\_\_ Date  
AUSD Director of Educational Services, Instruction Support

Jennifer Eseltine  
Jennifer Eseltine (Dec 12, 2019)

Jennifer Eseltine \_\_\_\_\_ Date  
Faculty, Antioch High School











# AHS COUNS-032 & 034 ARTIC 2019-20 - Eseltine

















Final Audit Report


2019-12-16

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