

LMC Food Pantry Menu - 11/13 - 11/19/2018

Name _____ Date _____

Student ID _____ Time _____

Baby

- Diapers
- Food: chicken, ham, turkey, beef

Dairy/Deli

- Cheddar (LIMIT 1 PER DAY)
- Monterey Jack (LIMIT 1 PER DAY)

Drinks

- Ensure (LIMIT 1 PER DAY)
- Water (LIMIT 1 PER DAY)

Fruit

- Apricots
- Oranges
- Peaches
- Pineapples

Grains

- Elbow Pasta
- Macaroni and Cheese
- Penne
- Quinoa Rice Blend
- Rice
- Rotini
- Shredded Wheat
- Spaghetti

Non-perishable Vegetables

- Beans, Green
- Beans, Black
- Beans, Northern JUMBO
- Carrots JUMBO
- Mixed Veggies
- Tomatoes, Diced, Peeled, Stewed

Non-perishable Meats

- Beef Ravioli
- Chicken
- Chicken Ravioli
- Refried Beans
- Tuna
- Turkey Chili with Beans

Spreads/Sauces

- Peanut Butter
- Tomato Sauce

Soup (Meat)

- Chicken Noodle

Soup (No Meat)

- Tomato Condensed Soup

Sweets / Snacks / Baked Goods

- Chicken and Veggie Rice Cup (LIMIT 1 PER DAY)
- Kale Chips (LIMIT 1 PER DAY)
- Marshmallows (LIMIT 1 PER DAY)

Toiletries

- Hair Dye

Updated Directions:
Fill out the **WHOLE** menu.
Please write the number of
desired items **on the line**.
Menu will **NOT** be accepted
if these directions are not
followed.

Limit is flexible for **all** items
EXCEPT those that say
otherwise.

Associate Totals Items: _____
Associate's initials: _____

**Please sign below after completing the form
and receiving your items. Thank you.**

X _____