

LMC Food Pantry Menu - 10/15 - 10/22

Name _____

Date _____

Student ID _____

Time _____

Baby

Baby food, assorted (LIMIT 5 PER DAY)

Dairy/Deli

None at this time

Drinks

None at this time

Fruit

None at this time

Grains

- Bran Flakes
- Elbow Pasta AKA Macaroni Pasta
- Shredded Wheat
- Stuffing Mix

Non-perishable Vegetables

- Beans, Black
- Beans, Green

Non-perishable Meats

- Refried Beans
- Chicken
- Tuna

Spreads/Sauces

- Garlic Herb Pasta Sauce
- Relish

Soup (Meat)

- Chicken Noodle
- Vegetable Beef Stock
- Beef Broth
- Beef Stew

Soup (No Meat)

- Tomato Condensed Soup (no limit)

Sweets / Snacks / Baked Goods

- Sugar Packets
- Clif/Mojo/Luna (LIMIT 3 PER DAY)
- Candy/Chocolates (LIMIT 2 PER DAY)
- Heater Meals (LIMIT 1 PER DAY)
- Z-fruit snack (LIMIT 1 PER DAY)

Toiletries

None at this time

Updated Directions:

Fill out the **WHOLE** menu. Please write the number of desired items **on the line**. Menu will **NOT** be accepted if these directions are not followed.

Limit is flexible for **all** items EXCEPT those that say otherwise.

Associate Totals Items: _____

Associate's initials: _____

Please sign below after completing the form and receiving your items. Thank you.

X _____