

Kinesiology AA-T Degree 2016 - 2017

This worksheet is a guideline for this major. Please meet with a counselor to review your educational plan, transfer goals, and graduation requirements.

Major Requirement

Need	In Progress	Complete	UNITS	COURSE #	COURSE NAME	EQUIVALENT/SUBSTITUTE
			3	PE-100	Introduction to Kinesiology	
			5	Biosc-040	Human Anatomy	
			5	Biosc-045	Human Physiology	

Movement Based Courses – (3 Units) - Select one course from any three of the following areas

Aquatics

			1	PE-017	Lap Swimming	
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Combative

			1	PE-033	Cardio Kickboxing	
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Dance

			1	PE-053	Beginning Jazz Dance	
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Fitness

			1	PE-004A, 008, 010A, 057		
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Individual Sports

			1	PE-030, 042		
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Team Sports

			1	PE 014, 026A, 046		
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List A: select Two (2) of the Following: (8-9 Units)

			4 - 5	Math 34, Biosc 10, Chem 7 or 25, Phys 15 or 35		
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24 - 25 Units in the Major

CSU General Education Breadth Requirements Course Recommendations

Need	In Progress	Complete	UNITS	AREA	REQUIRED	RECOMMENDED COURSE	EQUIVALENT/ALTERNATE
			3	A-1	1	SPCH 110, 120	
			3	A-2	1	ENGL 100	
			3	A-3	1	ENGL 220, 221, PHIL 41, SPCH 120	
			4 - 5	B-1	1	CHEM 7*, 25*, PHYS 15*, 35*	
			4	B-2	1	BIOSC 10*	
				B-3	1	BIOSC 10*, CHEM 7*, 25*, PHYS 15*, 35*	Satisfied by major requirement
			4	B-4	1	MATH 34*	
			3	C-1	1	ART 5, 6, 7, 8, 9 35, DRAMA 15, 16, 70, MUSIC 10, 12, 15, 17, SPAN 60	
			3-5	C-2	1	ART 16, 17, 18, CHIN 30, 40, DRAMA 30, 72, ENGL 124, 127, 128, 129, 132, 133, 140, 145, 150, 205, 230, 231, FILIP 60, 61, FRNCH 60, 61, 62, HUMAN 19, 20, 21, 22, 24, 30, ITAL 60, 61, PHIL 2, 33, 40, 42, POLSC 33, SPAN 49, 50, 51, 52, 53, SIGN 50, 65, 66, 67, 68	
			3-5	C-1 or C-2	1 Add'l	See C-1 and C-2 Above	
			3	D	1	ANTHR 4, 5, 6, ECON 10, 11, ADJUS 160, CHDEV 50, HIST 046, 47, 52, 55, 61, SOCS 45, 135, SPCH 150, ENGL 135, PSYCH 14, SPCH 180, ADJUS 160, CHDEV 10, 20, 50, JOURN 100, SPCH 130, 150, PSYCH 10, 11, 14, 17, SOCIO 17, ADJUS 110, 160, 220, SOCIO 15, 16	
			3	D	1	ECON 5*, HIST 29*, 30*	
			3	D	1	POLSC 10*, or 20*	
			3	E	1	ACS 10, ANTHR 7, BIOSC 5, CHDEV 10, PE 100, PSYCH 14, SOCIO 12	
				Group A	1	POLSC 10	
				Group B	1	ECON 5, HIST 29 or 30	

40 - 44 Units of General Education

Recommended Electives

Need	In Progress	Complete	UNITS	COURSE #	COURSE NAME	EQUIVALENT/SUBSTITUTE
Select a minimum of 3 - 8 Units:						

3 - 8 units of elective courses needed to meet the 60 transferrable unit requirement

*These courses are recommended for the Kinesiology major.

Group A & B courses satisfy 2 of the area D requirements, but the units do not double count

Kinesiology for Transfer AA-T

CSU Campus	CSU Degree	CSU Concentration
Bakersfield	Physical Education and Kinesiology;	Exercise Science; Physical Education
Chico	Exercise Physiology	Exercise Physiology - General
Chico	Kinesiology	Movement Studies; Physical Education Teacher Education
Dominguez Hills	Physical Education	Fitness Director; Pre-Physical Therapy Option; Teaching
East Bay	Kinesiology	Exercise, Nutrition, and Wellness; Physical Activity Studies; Physical Education Teaching; Social Justice; Special Studies; Therapeutic Studies
Fresno	Athletic Training	Athletic Training
Fresno	Kinesiology	Exercise Science; General Kinesiology; Physical Education
Fullerton	Kinesiology	Kinesiology - General
Humboldt	Kinesiology	Exercise Science/Health Promotion; Pre-Physical Therapy
Long Beach	Athletic Training	Athletic Training - General
Long Beach	Kinesiology	Adapted Physical Education; Exercise Science; Fitness; Sport Psychology and Leadership; K-12 Physical Education - Teacher Education; Sport Psychology and Leadership
Los Angeles	Kinesiology	Community Leadership; Exercise and Human Performance; Rehabilitation and Therapeutic Exercise; Subject Matter Preparation for Single Subject Teaching Credential
Monterey Bay	Kinesiology	Exercise Science; Interdisciplinary Sport Focus; Wellness
Northridge	Kinesiology	Applied Fitness and Active Lifestyle Development; Dance; Exercise Science; Physical Education; Sports Studies
Pomona	Kinesiology	Exercise Science; Health Promotion; Pedagogy
Sacramento	Kinesiology	Athletic Training; Exercise Science; Physical Education
San Bernardino	Kinesiology	Exercise Science; Pedagogy
San Diego	Kinesiology	Exercise Science Generalist ; Fitness Specialist; Pre-Physical Therapy
San Francisco	Kinesiology	Exercise and Movement Sciences; Physical Education
San Jose	Kinesiology	Kinesiology; Preparation for Teaching
San Luis Obispo	Kinesiology	Kinesiology - General
San Marcos	Kinesiology	Applied Exercise Science; Health Science; Physical Education; Pre-Physical Therapy
Sonoma	Kinesiology	Exercise Science; Kinesiology; Lifetime Physical Activity; Physical Education
Stanislaus	Kinesiology	General ; Health and Wellness Promotion