

Kinesiology AA-T Degree 2018 - 2019

This worksheet is a guideline for this major. Please meet with a counselor to review your educational plan, transfer goals, and graduation requirements.

Major Requirement

Need	In Progress	Complete	UNITS	COURSE #	COURSE NAME	EQUIVALENT/SUBSTITUTE
			3	PE-100	Introduction to Kinesiology	
			5	Biosc-040	Human Anatomy	
			5	Biosc-045	Human Physiology	

Movement Based Courses – (3 Units) - Select one course from any three of the following areas

Combative						
			1	PE-033	Cardio Kickboxing	
Dance						
			1	PE-053	Beginning Jazz Dance	
Fitness						
			1	PE-004A, 008A, 010A, 057A		
Individual Sports						
			1	PE-030, 042		
Team Sports						
			1	PE 014A, 026A, 046A		

List A: select Two (2) of the Following: (8-9 Units)

			4 - 5	Math 34, Biosc 10, Chem 7 or 25, Phys 15 or 35		
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24 - 25 Units in the Major

CSU General Education Breadth Requirements Course Recommendations

Need	In Progress	Complete	UNITS	AREA	REQUIRED	RECOMMENDED COURSE	EQUIVALENT/ALTERNATE
			3	A-1	1	SPCH 110, 120	
			3	A-2	1	ENGL 100	
			3	A-3	1	ENGL 220, 221, 230, PHIL 110, 210, SPCH 120	
			4 - 5	B-1	1	CHEM 7*, 25*, PHYS 15*, 35*	
			4	B-2	1	BIOSC 10*	
				B-3	1	BIOSC 10*, CHEM 7*, 25*, PHYS 15*, 35*	Satisfied by major requirement
			4	B-4	1	MATH 34*	
			3	C-1	1	ART 5, 6, 7, 8, 9, 35, DRAMA 15, 16, 25, 70, 72, HUMAN 35, MUSIC 10, 12, 15, 17, SPAN 60	
			3-5	C-2	1	ART 16, 17, 18, CHIN 30, 40, DRAMA 30, ENGL 113, 114, 124, 127, 128, 129, 132, 133, 140, 145, 150, 205, 210, 211, 230, 231, FRNCH 60, 61, HIST 29, 30, 31, 33, 34, 35, 38, 39, 40, 46, 47, 52, 55, 56, 57, 60, 61, HUMAN 19, 20, 21, 22, 24, 30, 50, ITAL 60, 61, PHIL 100, 120, 122, 130, 132, 133, 140, 142, 150, 151, POLSC 133, SIGN 50, 51, 52, SPAN 49, 50, 51, 52, 53	
			3-5	C-1 or C-2	1 Add'l	See C-1 and C-2 Above	
			3	D	1	ADJUS 110, 160, 220, ANTHR 4, 5, 6, 7, 8, CHDEV 10, 20, 50, ECON 5, 10, 11, ENGL 110, 135, 136, HIST 29, 30, 31, 33, 34, 35, 38, 39, 40, 46, 47, 52, 55, 56, 57, 60, 61, JOURN 100, POLSC 10, 20, 40, 43, 50, 60, 133, PSYCH 10, 11, 14, 17, SOCIO 15, 16, 17, SOCS 45, 110, 135, 136, SPCH 130, 150	
			3	D	1	POLSC 10, 40 or 60	
			3	D	1	ECON 5, HIST 29, 30, 46, 47, 52, 56, 57, 60, 61	
			3	E	1	ACS 10, ANTHR 7, BIOSC 5, CHDEV 10, COUNS 36, PE 100, PSYCH 14, SOCIO 12	
				Group A	1	POLSC 10, 40 or 60	
				Group B	1	ECON 5, HIST 29, 30, 46, 47, 52, 56, 57, 60, 61	

40 - 44 Units of General Education

Recommended Electives

Need	In Progress	Complete	UNITS	COURSE #	COURSE NAME	EQUIVALENT/SUBSTITUTE
Select a minimum of 3 - 8 Units:						

3 - 8 units of elective courses needed to meet the 60 transferrable unit requirement

*These courses are recommended for the Kinesiology major.

Group A & B courses satisfy 2 of the area D requirements, but the units do not double count