
LOS MEDANOS COLLEGE
College Assembly
Creating Connection & Belonging

October 23, 2023

LOS MEDANOS
COLLEGE

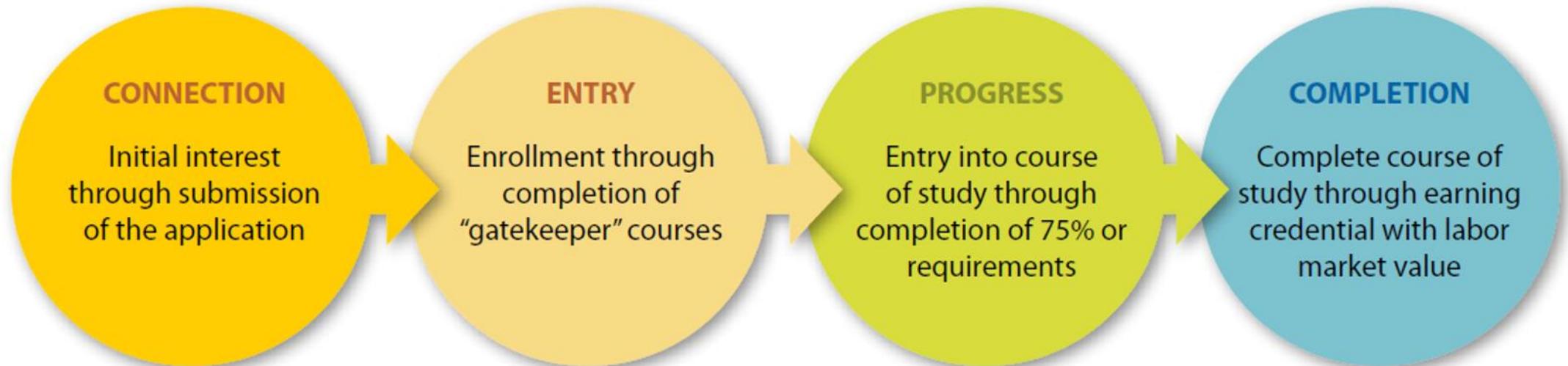
LOS MEDANOS COLLEGE

The Student Experience

MOMENTUM POINTS

.....

The Four Phases of the Preventing Loss, Creating Momentum Framework⁴



<https://achievingthedream.org/loss-and-momentum-framework/>

Equity, Inclusion & Belonging @ LMC



Heart



Knowledge & Skills



Collaboration & Work

Our (employees and students) connections to campus, or a sense of belonging, lead to positive outcomes.

LOS MEDANOS COLLEGE
College Assembly
STUDENT PANEL

Brianna Gianella Luna Luna
Communicatio
ns

Amari Mouton
Business

Kyla Erika Nano
Nursing

Jordan Ramey
English, LGBTQ+
Studies, Theater
Studies

Leeroy Rios
Spanish / Chicano
Studies

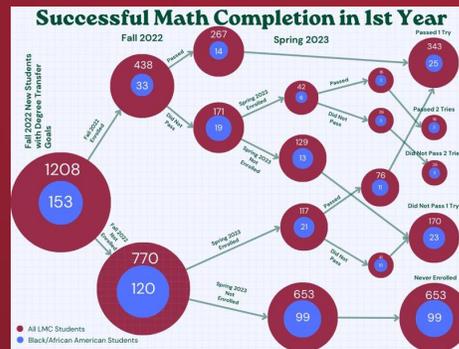
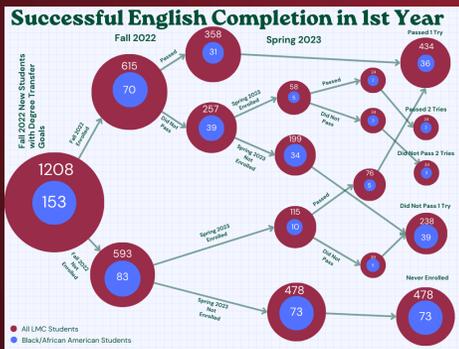
LOS MEDANOS
COLLEGE

Some LMC Data Context

National Assessment of Collegiate Campus Climates (NACCC)

USC Race and Equity Center

English and Math Completion by Design With Black Student Success Initiative

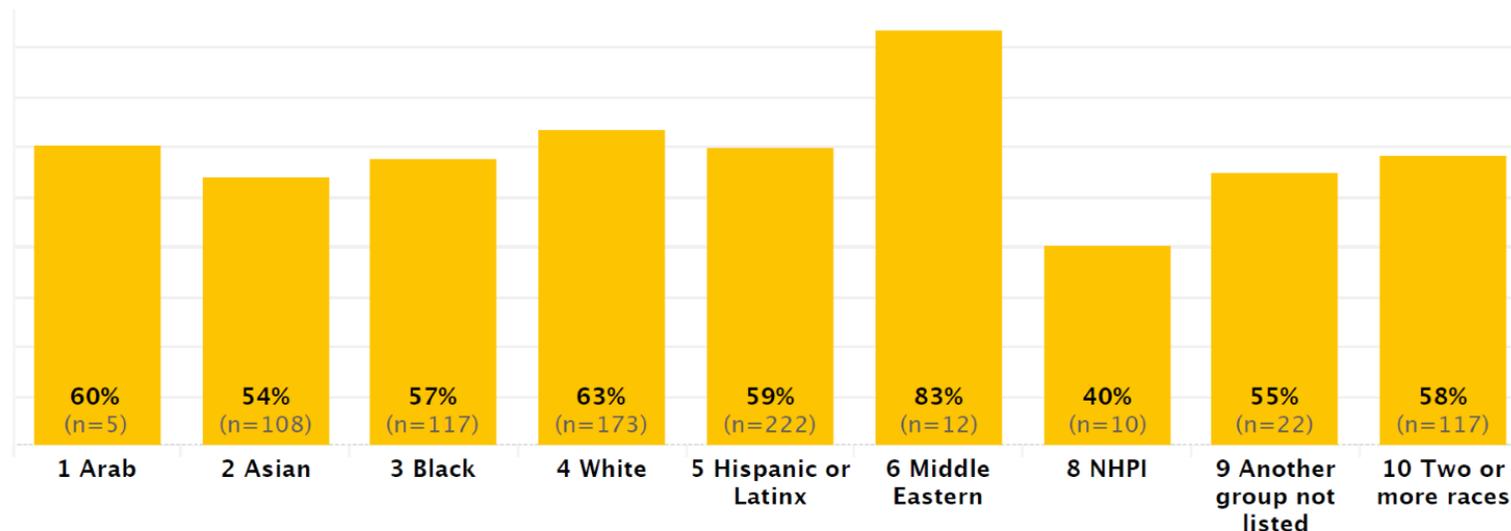


NACCC Student Survey Fall 2021

In the NACCC survey, mattering is defined as others noticing and caring about what students think, want, and have to say.

MATTERING AND AFFIRMATION

% of students who reported they mostly matter or strongly matter at
LOS MEDANOS COLLEGE



NACCC Student Survey Fall 2021

Why This Matters: National data indicates that 75% of all full-time faculty in degree-granting postsecondary institutions are White (National Center for Education Statistics, 2020). This overrepresentation places added responsibility on White faculty to ensure the students of color they teach feel seen, heard, and cared for in their classrooms.

At LMC

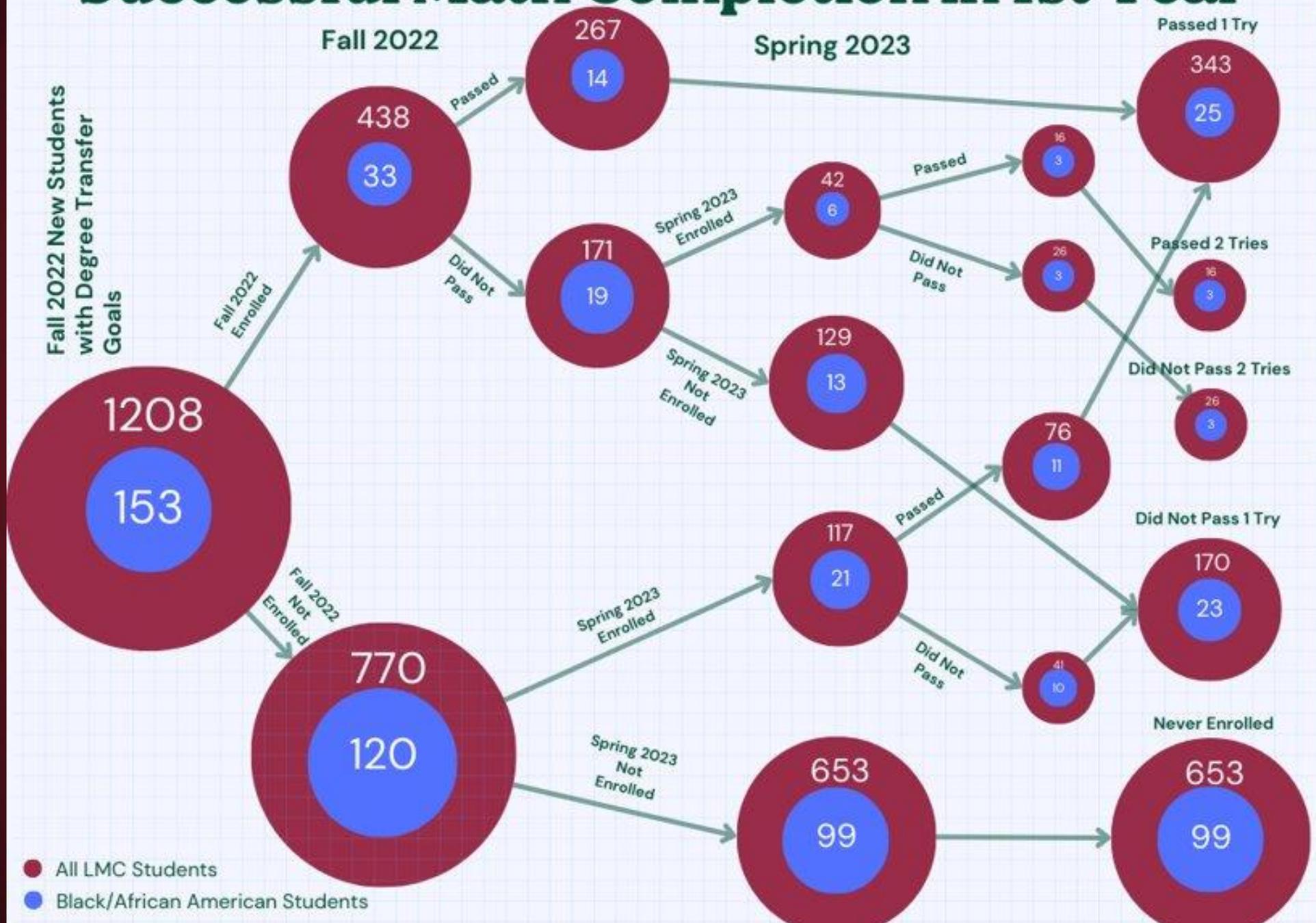


80% of White students indicated they mostly matter or strongly matter in classes with White professors

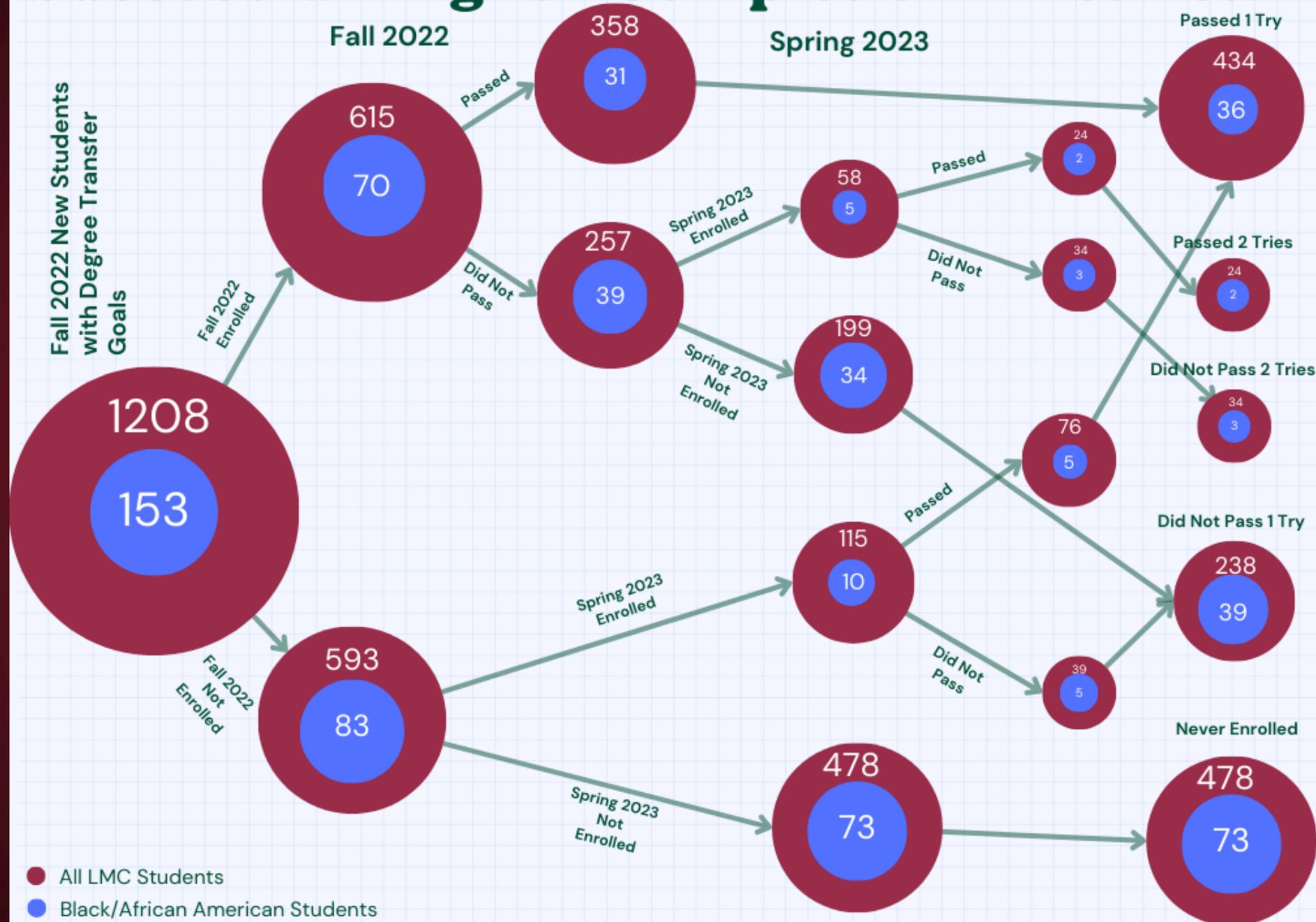
65% of students of color indicated they mostly matter or strongly matter in classes with White professors

Students of color were less likely than White students to receive affirmation from White professors

Successful Math Completion in 1st Year



Successful English Completion in 1st Year



Black Student Success Initiative

BOEP

Mission: Brothers of Excellence Program strives to create and promote academic and community partnerships that guide, inspire, and motivate these men to reach their full potential.

Vision: Manifest LMC's Family atmosphere, where students feel supported, wanted, motivated, and valued by a college committed to helping them succeed.

Objectives of BOEP

- Improve retention and graduation rates
- Instill the commitment to achieving education and academic success
- Outline and prepare for life after college

BYOB

Bring Your Own Brains (B.Y.O.B.) Study Sessions:

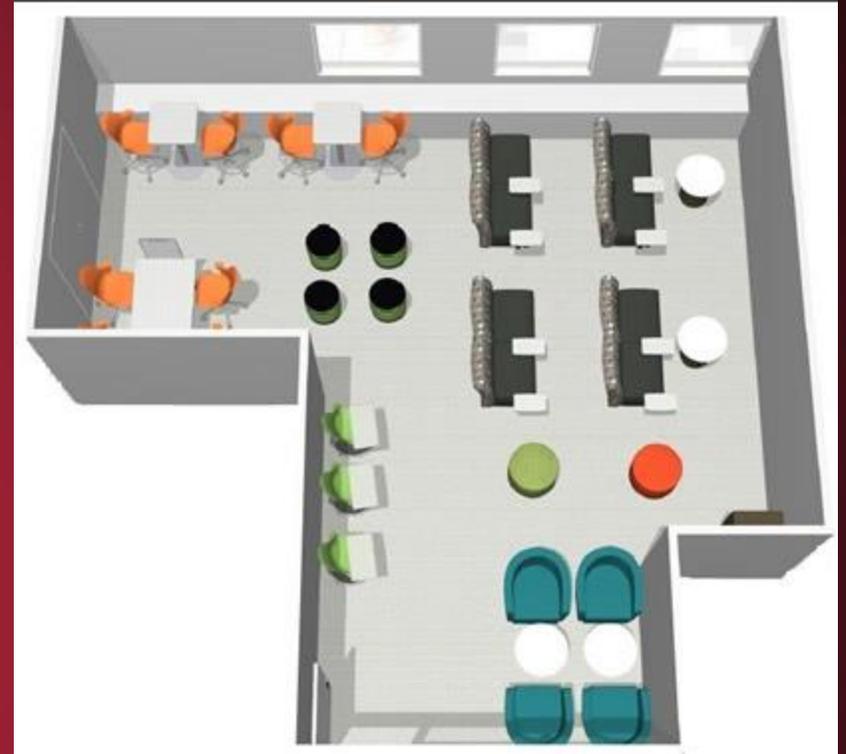
- Bi-weekly: 1st & 3rd Thursdays, 2pm – 4pm in SU1-109.
- Sponsored by: Black Student Union, the Umoja Scholars, and Brothers of Excellence
- Support from the CORE and LMC Faculty/Staff:
 - Jordan Clark, Dr. Kyle Hanks, Dr. Adriana Simone, Star Steers, Briana McCarthy, Faith Hanna, Julie Ashmore, Patrick McCarter, Dr. Tanisha Maxwell, Dr. A'kilah Moore, Faith Watkins, Sandra Mills, and Tess Caldwell.
- Remaining Sessions: November 2nd, 16th, and 30th.



Professional Development Programming

Professional Development Opportunities for LMC

- PDAC – Organizes & Funds Trainings
2 More Meetings for Fall – all welcome!
- Support for Conferences and Trainings
(PDAC, Equity or other funding)
- Library 215 – Professional Learning Room
(can be reserved on 25 Live)



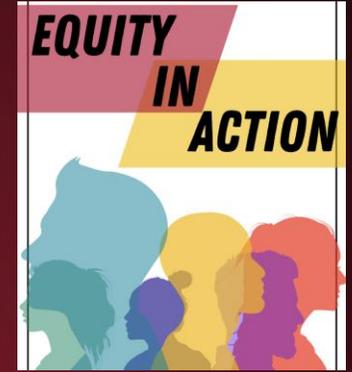
Equity in Action Workshops

- Purpose: To provide Classified Professionals with the necessary tools, knowledge, and skills to understand the importance of diversity, equity, and inclusion (DEI) through interactive sessions, restorative practices, cultural competence, inclusive language, and strategies for creating inclusive workspaces.
- Fall 2023 Topics
 - Self-Care & Restorative Practices (October)
 - Introduction to Equity & Inclusion and Inclusive Language & Communication (November)
 - Cultivating Cultural Competence (December)
- Goal/Anticipated Outcome: The Equity in Action series of workshops will provide a space for Classified Professionals to foster professional growth, enhance diversity, and promote inclusivity and belonging.

Classified Professionals Equity in Action Workshops



Classified Professionals Equity in Action Workshops



"It is not beyond our power to create a world in which all children have access to a good education." - Nelson Mandela

Next Workshop:

Friday, November 3rd

Introduction to Equity, Inclusion, & Belonging and Inclusive Language & Communication

Lunch (optional): 12:30pm – 1:30pm

Session: 1:30pm – 3:30pm

Location: L109

Heritage Months and Identity Recognitions



LOS MEDANOS COLLEGE
Equity and Inclusion

HERITAGE MONTHS AND IDENTITY RECOGNITIONS

JANUARY	Martin Luther King Jr.	Disability Pride Month	JULY
FEBRUARY	Black History Month Lunar New Year	Welcome Week	AUGUST
MARCH	Women's History Month International Transgender Day of VISIBILITY	LatinX & Hispanic Heritage Month	SEPTEMBER
APRIL	Sexual Assault Awareness Month	Filipino American History LGBTQ+ History Month Indigenous People's day National Coming Out Day	OCTOBER
MAY	Asian American and Pacific Islander Heritage Month Mental Health Awareness Month	Dia de los Muertos Native American Heritage Month	NOVEMBER
JUNE	LGBTQ+ Pride month Juneteenth	International Day of Persons with Disabilities	DECEMBER

Asian Pacific Islander and Desi American Asian American and Native Hawaiian/Pacific Islander

- LMC APIDA AFFINITY GROUP
- KAPWA STUDENT CLUB
- OCEANIA STUDENT CLUB

- 9/26/23 - Kick-off with Karaoke
- 10/12/23 - Legacy of Archipelago
- 10/16/23 - 4CD w/ Catherine Choy
- 10/18/23 - Club Carnival
- 10/19/23 - Halo-Halo Fundraiser
- 10/26/23 - Halo-Halo Fundraiser
- 10/31/23 - Larry Itliong, Pacita Abad and Virginia Please





OCTOBER
**FILIPINO
AMERICAN
HISTORY MONTH**
Est. 2009

Contra Costa
Community
College District
Office of the President



RESOLUTION NO. 228
BEFORE THE GOVERNING BOARD OF THE
CONTRA COSTA COMMUNITY COLLEGE DISTRICT
COUNTY OF CONTRA COSTA, STATE OF CALIFORNIA

**RESOLUTION IN HONOR OF FILIPINO AMERICAN HISTORY MONTH
1898 – RECOGNIZING 125 YEARS OF PHILIPPINE-AMERICAN HISTORY**

WHEREAS, the earliest documented Filipino presence in the continental United States was October 18, 1587, when the first "Luzones Indios" arrived in Morro Bay, California, on board the Nuestra Señora de Esperanza, a Manila-built galleon ship; and

WHEREAS, the Filipino American National Historical Society recognizes 1763 as the year in which the first permanent Filipino settlement in the United States was established in St. Malo, Louisiana; and

WHEREAS, 2023 marks the 125th year of the signing of the Treaty of Paris, an agreement between Spain and the U.S. to end the Spanish American War. It also included the U.S. annexation of the Philippines and gave Filipino people access to the U.S. during an era when Asian countries were prohibited from doing so; and

WHEREAS, the recognition of the first permanent Filipino settlement in the United States adds a new perspective to the history of the United States by bringing attention to the economic, cultural, social, and other notable contributions made by Filipino Americans to the development of our country; and

WHEREAS, the Filipino American community is the third-largest Asian-American and Pacific Islander group in the United States, numbering approximately 4,000,000; and

WHEREAS, from the Civil War to the Iraq and Afghanistan conflicts, Filipinos and Filipino Americans have a longstanding history of serving in the United States Armed Forces; and

WHEREAS, Filipino American leadership continues to grow and be recognized in politics and government, support of farmworkers and labor, and the health care system as nurses, doctors and other medical professionals; and

WHEREAS, Filipino Americans have contributed greatly to music, dance, literature, education, business, journalism, sports, fashion, politics, government, science, technology, the fine arts, and other fields that enrich the landscape of the United States; and



WHEREAS, Filipino Americans make up approximately 5.5% (or 1,898 students) of the Contra Costa Community College District's (4CD) student population for summer and fall 2023, and account for 4.1% (or 6,987 students) of the county's K-12 population;

WHEREAS, the recognition of Filipino American History Month by 4CD is just one example of the appropriate action 4CD must continue in order to respect and appreciate the contributions made by this community and ensure a sense of belonging.

NOW, THEREFORE, BE IT RESOLVED, that 4CD does hereby declare October 2023 as Filipino American History Month to acknowledge the long and proud advancement of Filipino Americans, and to encourage the observation of Filipino American History Month with appropriate programs and activities.

ADOPTED this 11th day of October 2023, by the 4CD Governing Board.

Approved:

Fernando Sandoval, President
4CD Governing Board

Attested to:

Rebecca Barrett, Secretary
4CD Governing Board

LGBTQ+ (PRIDE365)

PRIDE! CHALK PARTY
 COME AND DECORATE LMC'S SIDEWALKS WITH CHALK!
 PITTSBURG STUDENT SERVICES STEPS TO THE QUAD
JUNE 13TH
11AM - 1PM

LOS MEDANOS COLLEGE
 HOSTED BY EQUITY & INCLUSION AND STUDENT LIFE

KARAOKE & ICE CREAM
2nd Floor Student Union
 Pittsburg Campus
June 28th
12-3pm

in partnership with Office of Student Life & Equity & Inclusion

PRIDE MOVIE NIGHT
 Snacks Provided!
To Wong Foo, Thanks for Everything
September 27th from 3-6 PM

Pittsburg Campus, Student Union Second Floor
 SPONSORED BY Equity & Inclusion PRIDE ALLIANCE

PRIDE365 PLANNING PARTY
JUNE 26th
11:30AM- 1:30PM
Library L-109

JOIN STUDENTS AND LMC EMPLOYEES IN PLANNING LGBTQIA+ EVENTS AND PROGRAMS.
 Hosted by Equity & Inclusion and Student Life

COMING OUT DAY DRAG SHOW
 Exclusive interviews & performances by
Wednesday October 11, 2023
3:30-6:00PM

- Dulce De Leche
- La Chucha
- Miss Rahni
- You! Open Mic

SPONSORED BY Equity & Inclusion

HEAL & TRANSFORM
 PART 1: A REACTIVE STORY OF ACCEPTANCE AND COMING TOGETHER IN A MOMENT OF CLARITY
 PART 2: TEACH PEACE AND RESILIENCE THROUGH MEDITATION AND GROUPWORK
FRIDAY, OCTOBER 13, 2023
IMPACT CONFERENCE SESSION

DOMONIQUE ECHEVERRIA
 ONYI
 RSVP HERE BY 10/6

JETHRO PATALINGHUG
 FILMMAKER, ACTIVIST, DRAG PERFORMER, AND IMPACT CONFERENCE KEYNOTE SPEAKER
JOIN US AT THE IMPACT CONFERENCE
 PITTSBURG CAMPUS
 STUDENT UNION CONFERENCE CENTER
FRIDAY, OCTOBER 13, 2023
5:00AM-3:00PM

MEET A LEADING ART VISIONARY!
 VISIT THEM AT [JETHROPATALINGHUG.COM](https://www.instagram.com/jethropatalinghug)

Yosimar Reyes
Speaker Series
2023-2024

Wednesday, October 25th, 2023
10:00 am - 11:30 am
 LMC Campus, Student Union Conference Center
 Website: <https://www.lmc.edu/impact>

Yosimar Reyes is a nationally-acclaimed Poet and Public Speaker. Born in Guerrero, Mexico, and raised in Eastside San Jose, Reyes explores the themes of migration and sexuality in his work. He is a LAMBDA Literary Fellow as well as the recipient of the UndocuPoets Fellowship.

2700 E Leeland Rd., Pittsburg, CA 94565
 Brought to you by Equity & Inclusion

WORLD AIDS DAY
10am-2pm
November 30th, 2023

Pittsburg Campus
 Student Union 1st Floor Conference Center
 Raising awareness of HIV/AIDS and its treatment and prevention.
 -FREE TESTING!
 -Free condoms
 -Prize Wheel



LMC PRIDE ALLIANCE
Join us!
TUESDAYS 12-2 & WEDNESDAYS 2-3
PITTSBURG CAMPUS STUDENT UNION SECOND FLOOR IN THE UNITY CENTER

THIS IS A SAFE SPACE

Discord.gg/wNgDYPrUK4

STRENGTH IN Pride

QR code



Coming Soon

Undocumented Student Action Week 2023

Undocumented Student Action week

Monday, October 16	Tuesday, October 17	Wednesday, October 18
In Person Event: Learn about SBA and FREE Immigration Legal Services Outside Quad - Pittsburg 11:00 a.m. - 1:00 p.m.	In Person Event: Know Your Rights SU 2nd Floor - SU221 11:00 a.m. - 12:00 p.m.	Virtual Events: Championing Equity through AB 540: Increasing Access for Undocumented Students 9:00 a.m. - 10:00 a.m.
Virtual Events: Immigrant Visas and How to Access In-State Tuition 9:00 a.m. - 10:00 a.m.	Virtual Events: Anti-racism: A Student Plan of Action 1:00 p.m. - 2:00 p.m.	Our Stories Are One: We Support Undocumented Students 1:00 p.m. - 2:00 p.m.
Thursday, October 19	Friday, October 20	Case Study on Creating Student Informed Policy with Undocumented Students 3:00 p.m. - 4:00 p.m.
In Person Event: CA Dream Act Application SU 2nd Floor - SU221 10:30 a.m. - 12:00 p.m.	Virtual Event: Renewing the Dream - Making Financial Aid Accessible through Policy and Practice 9:00 a.m. - 10:00 a.m.	For more information, please visit: undocumented.berkeley.edu/dreamers or scan QR Code
Virtual Events: Cultivating Belonging for Undocumented Students in Teaching & Learning Spaces 9:00 a.m. - 10:00 a.m.		
Advocacy in Action: Strategies for Local, State and Federal Advocacy 1:00 p.m. - 2:00 p.m.		



Latin/Hispanic Heritage 2023

Each year, we observe National Hispanic Heritage Month from September 15 to October 15, by celebrating the histories, cultures and contributions of the people and ancestors from Latin America. This period also celebrates the independence days of several Latin American countries, including Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua, on September 15th and Mexico on September 16th. The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988.



Equity Speaker Series

Speaking at
LOS MEDANOS COLLEGE



Yosimar Reyes

Equity Speaker Series 2023-2024

Wednesday October 25th, 2023
10:00 am - 11:30 am
LMC Campus - Student Union Conference Center
Webinar - <https://tinyurl.com/YosimarLMC>
Passcode: EquityFA23

Yosimar Reyes is a nationally-acclaimed Poet and Public Speaker. Born in Guerrero, Mexico, and raised in Eastside San Jose, Reyes explores the themes of migration and sexuality in his work. He is a LAMBDA Literary Fellow as well as the recipient of the Undocupoets Fellowship.

2700 E Leland Rd., Pittsburg, CA 94565
Brought to you by [Equity & Inclusion](#)

Speaking at
LOS MEDANOS COLLEGE



Gideon Egbuchulam

Equity Speaker Series 2023-2024

Tuesday November 7th, 2023
SU Conference Center
11:30 am - 1:00 pm



Gideon Egbuchulam is a Nigerian visual artist based in California whose practices include sequential arts, character design, and animation. Now freshly mentored by Nickelodeon VP of Current Animation: [Conrad Montgomery](#). Gideon works with several nonprofit organizations: KALA and, The BAYlies as an active creative in the Bay Area. Presently, he is raising funds via crowdfunding for the inaugural release of his comic book, titled:

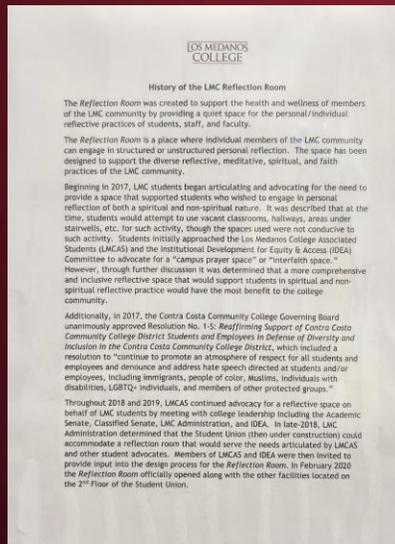
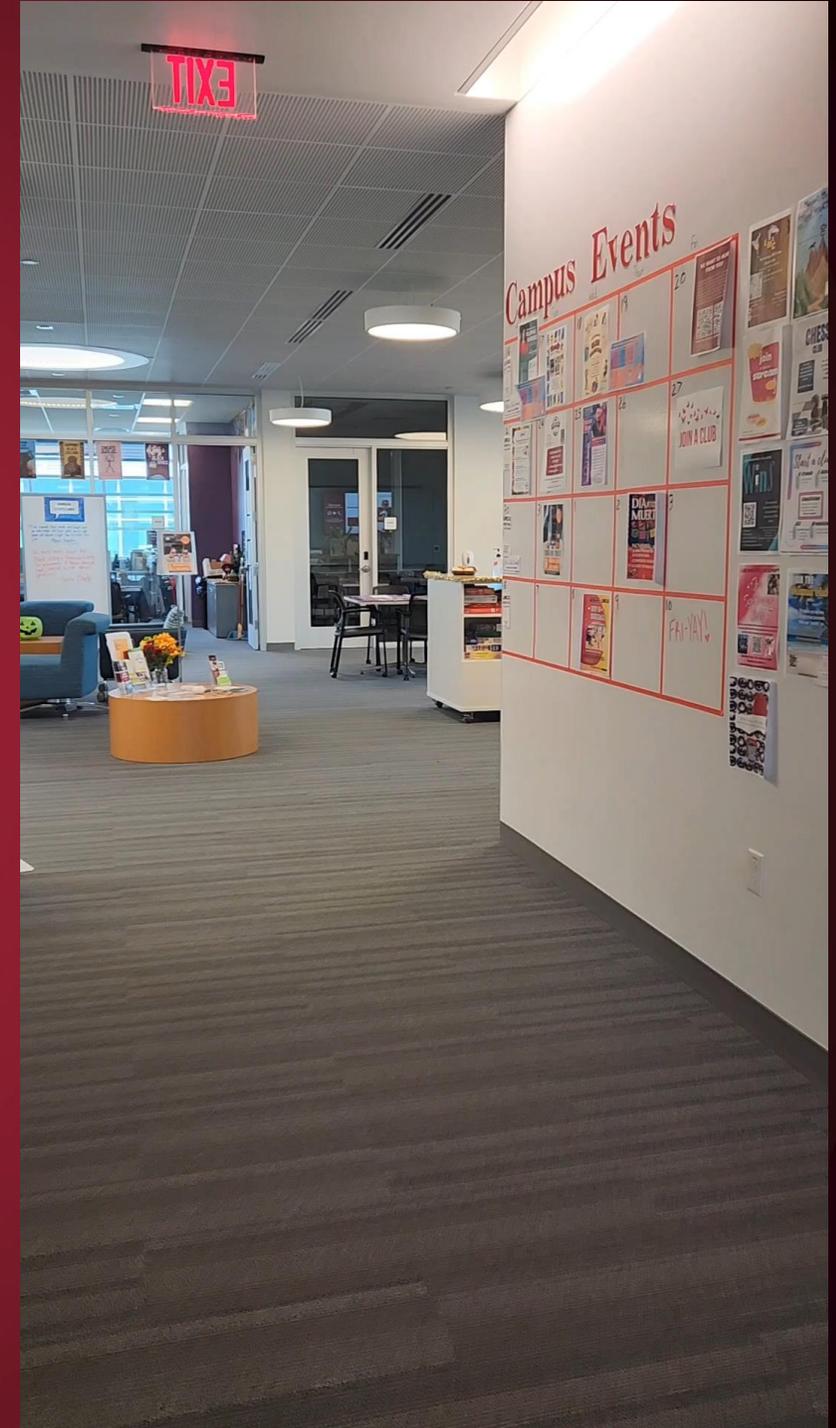
Quasar: An Afrofuturist Noir.

LOS MEDANOS COLLEGE
2700 E Leland Rd., Pittsburg, CA 94565
Brought to you by [Equity & Inclusion](#)

Reflection Space

The Reflection Room is designed to support the inclusion of diverse reflective practices of the LMC community.

The room is dedicated for individuals wishing to engage in personal reflection during regular business hours.



Reflection Room

The Reflection Room is designed to support the inclusion of the diverse reflective practices of the LMC community. To ensure a peaceful, supportive, and safe experience for all, appropriate behavior and use is required as described below.

This room is dedicated for individuals wishing to engage in personal reflection during regular business hours when the 2nd Floor of the Student Union is open.

To access the Reflection Room please visit the front desk to have an employee open the room for your use.

Guidelines for Use:
To ensure a safe and clean space for those who need, the use of this space is subject to the following:

- Use of the room for purposes other than that related to individual personal reflection is not permitted.
- The room is available on a first come, first served basis. We ask that you be sensitive to the needs of others who may also wish to use the room.
- Users should notify the front desk employee when they have finished using the room so that it can be made available to others.
- Pillows, mats, chairs and other materials are available for use in the Reflection Room only. Any materials that are used should be returned to the cabinets after use.
- Users are expected to keep the space as quiet as possible.
- Users should pick-up the space before leaving and leave it clean for the next user.
- General eating is not permitted. Food/drink for reflective purposes/practices is allowed.
- No candles, incense, open/closed flames, fragrance or scent emitters are permitted.
- No organized, scheduled, or recurring meetings, services or events are permitted. Groups looking to assemble for events/study/gathering should reserve a campus facility such as a conference room or classroom for such activity.
- Users may not leave or store personal items in the room when they are not using it.
- Shoes may be removed upon entering the room and placed in the cabinet (Shoe removal is not required).

For questions regarding the Reflection Room please visit the **Front Desk in the Student Life area.**

LOS MEDANOS COLLEGE

Basic Needs and LMC Marketplace

Megela Ohare – Basic Needs Program Coordinator – Mohare@losmedanos.edu



BASIC NEEDS

The Basic Needs Center invites all students enrolled at the Los Medanos and Brentwood campus to utilize the food, housing, health and financial resources and services provided by the Basic Needs Center.

ACCESSING SERVICES

Students may access services by completing an Intake Form by scanning the QR code above. The link for the CalFresh application can also be accessed on the Basic Needs webpage.



LOCATIONS

LMC Marketplace
Portable Buildings Near Lot A & Child Development Center
2023 Fall
LMC Marketplace Hours
Tuesdays & Thursdays:
10:00 AM - 3:00 PM
Wednesdays:
1:00 PM - 5:00 PM



CONTACT

Megela Ohare (925) 473-4712
Basic Needs Coordinator
mohare@losmedanos.edu
LMCbasicneeds@losmedanos.edu
Follow us on IG: lmcstudentlife

BASIC NEEDS SERVICES & RESOURCES

Clothing/Living
LMC Clothes Closet | Referral to Shower/Laundry Facilities

Financial
Financial Aide & Scholarship Referral | Emergency Grant Application Assistance

Food
LMC Marketplace food Distribution | CalFresh Application Assistance

Health
Timely Care Referral | National Alliance Mental Illness Partner | Crisis Textline | Active Minds Club

Housing
Housing Referral | Utility Assistance Referral

Technology
Distribution and Collection of Laptops and Hotspot Devices through the Tech Equity Program

Transportation
California Low Cost Auto Insurance Program Assistance | Transportation Assistance and Referral






CalFresh

CALFRESH OUTREACH WEEK

OCTOBER 23 - OCTOBER 26

Myth Monday - Monday, 10/23
Posts will be placed on Student Life social media platforms with CalFresh facts and myths.

CalFresh 101 Workshop
Tuesday, 10/24 - 11AM-12PM - Student Union 2nd Floor
This workshop will provide participants with information about CalFresh and ways to sign up. Lunch will be provided.

Free w/ EBT Resource Tabling
Wednesday, 10/25 - 1PM-5PM - LMC Marketplace
Participants will learn about the benefits of CalFresh beyond the monthly food benefit such as free & discounted visits to museums, parks and more!

CalFresh & Mental Health Tabling
Thursday, 10/26 - 10AM-3PM - LMC Marketplace
We will have resources and interactive activities about how nutritious healthy food can improve mental health.



Scan the QR code to request a basket by **NOVEMBER 13TH**

LOS MEDANOS COLLEGE



Friendsgiving Thanksgiving Basket Distribution



Distribution Dates & Time:
Monday, November 20th from 1 PM - 5 PM
Tuesday, November 21st from 10 AM - 3 PM

Baskets include a choice of one of the following:
\$20 Grocery Gift Card, Whole Chicken, or "Tofu" Turkey with all the trimmings

The Thanksgiving Friendsgiving Baskets are provided in partnership with LMC Marketplace, Umoja, Honors, EOPS and Equity & Inclusion
For more information call: (925) 473-7412

