Visualize Your Future Success

Visualize your ideal future success and use these questions to help you. You can answer the questions in a variety of ways including words, sketches, symbols, etc. to convey the image in your mind:

1. **First visualize yourself:** Where do you live? What are you wearing? What are you carrying? What time did you wake up?

I live in the country. I am wearing comfortable clothes that I can do a variety of things in either indoor or outdoor. I am carrying supplies to set up a large multi-purpose room for a retreat workshop. I woke up around 8am to make sure that the cooking crew had everything they needed for breakfast set up.

2. **Next, visualize your ideal work environment:** Where do you work? How did you get to work? What does your work space look like? What work are you doing? Who do you work with (if anyone)? If you work with others; do the others work to support your vision or do you support the work and vision of others? Who do you serve (who comes for your service or your product)?

I work where I live-at the retreat center. I just woke up and I was at work. My workspace includes the whole retreat center- it depends on whether I’m setting up a workshop, helping to prepare meals or processing invoices at my computer. I work with a team of cooks, community leaders/organizers/planners, grounds people/gardeners, traditional performers, etc. We all work together to create deep insightful retreat experiences for community members and to advance community development through traditional cultural values.

3. **Lastly visualize your higher purpose:** When you retire, what do you want people to say were your greatest achievements?

I am not sure I will ever retire... but I would like for people to say that I helped make our community families stronger, safer and more self-sufficient through preserving our cultural traditions and maintaining community networks.

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