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# LOS MEDANOS COLLEGE

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Extended Opportunity  
Programs and Services

Spring 2015 Online Orientation

## What Is EOPS?



EOPS is a state-funded student service program that promotes academic excellence among students from low-income, under-represented backgrounds in higher education. EOPS promotes excellence by offering services that are above, beyond, and in addition to services available to all *LMC students*.

# LMC EOPS Vision

EOPS students and staff are passionate change-agents who thrive as they create and nurture intentional, academic partnerships-partnerships that inspire people to choose trust over fear, equity over injustice, responsibility over victimhood, hope over apathy, self-honesty over competition, and link personal success to the success of the greater good.



# The Nickel and the Nail

The Symbol for EOPS throughout the state is the Indian-head nickel and the twisted nails. Have you ever wondered about the significance of this symbol?

The story goes something like this:

A young man was walking along the street with only a nickel in his pocket, feeling very poor indeed. He was quite depressed about his situation. That emptiness tore away at his self esteem.

As he walked, he noticed two gnarled horseshoe nails that were twisted together and lying by the road. He picked them up and put them in his pocket. The nails and the nickel jangled together, making a pleasant noise as the young man continued on his way. It was almost as if he had more money then before.

The young man walked a little straighter, with a little more pride and dignity. He began to feel more hopeful about his situation and his attitude changed enough for him to begin trying to improve his position in life.

# EOPS Support Services



# Student Responsibilities

To remain eligible for EOPS you must:

1. Adhere to your EOPS Mutual Responsibility Contract

2. Maintain a minimum GPA of 2.0 or higher

3. Schedule and complete THREE (3) EOPS counseling contacts per semester

4. Complete a minimum of 12 units each semester

5. Utilize EOPS priority registration

6. Submit an Academic Progress Report every semester

**\*Failure to comply with all of the above requirements will result in the student being placed on Limited Service**

# Spring 2015 Program Dates & Deadlines

1<sup>st</sup> Counseling Appointment  
Ed-Planning  
1/12/2015 - 2/27/2015



Academic Progress Report  
Due  
2/27/2015 at 1:00pm



2<sup>nd</sup> Counseling Appointment  
Peer Mentoring  
3/2/2015 - 3/27/2015

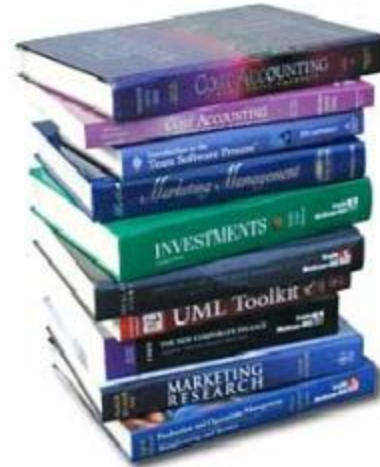


3<sup>rd</sup> Counseling Appointment  
Academic Advising  
4/6/2015 - 5/8/2015

**\*Failure to comply with all of the above deadlines will result in the student being placed on Limited Service**

# Book Voucher Policy

- For use at LMC Bookstore **ONLY!!**
- One-time use
- *Expires **14** days after disbursed*
- Good only for textbook purchases or rentals
- Police Report required for lost vouchers
- **Photo ID and a printed class schedule are required to purchase your books**
- Bookstore will reopen voucher **only** for books that are out of stock at the time of purchase



**\*\*Books purchased are the student's property**



# Academic Progress Report (APR)

1. Download **APR** from the EOPS website
2. Must obtain instructor feedback for **ALL** enrolled classes
3. Must meet with instructors **during office hours** to obtain instructor feedback for **ALL** enrolled classes
4. Must fill out comment section with letter grade or % of work completed
5. Submit completed APR to EOPS Office by:

**February 27, 2015 at 1:00pm**

Ask online  
instructors to  
email comments  
on grade,  
participation, and  
understanding of  
material

For late start  
courses-simply  
write the start  
date and name of  
class

If your short-  
term class has  
ended, attach  
your grade  
from  
WebAdvisor

# Networking with your Instructors



- Note office hours in syllabus
- Introduce yourself when semester begins
- Call/email appointment request for APR
- Ask course-related questions at meeting
- Express appreciation to instructor
- Thank instructor for meeting

# EOPS Counseling Appointments

As EOPS students you are required to complete **THREE (3)** counseling appointments every semester.

- First counseling appointment: **Educational Plan**
- Second counseling appointment: **Peer Mentoring**
- Third counseling appointment: **Academic Advising**

**\*\*Peer mentoring can only be done in the EOPS Office**

When you schedule an appointment with a counselor, it is your responsibility to remember your appointment.

- If you are going to miss your appointment, it is better to call and cancel than to just miss it.
- To cancel or reschedule your appointment, please call us at (925) 473-7480 as soon as you know you cannot keep your appointment.
- **Please note:** if you are 10 or more minutes late for your appointment, you will not be able to meet with the counselor, and you will have to reschedule your appointment.



# Limited Service and Appeal

- ▶ Students will be placed on **Limited Service** after one semester of non-compliance (status downgrade and no appeal)
  - ▶ **Please note**: Students who are on Limited Service **do not** receive a book voucher or parking permit
- ▶ After back to back semesters of non-compliance, students will be **Dismissed** and will have to file a reinstatement appeal. **(No second appeals accepted)**

# Eligibility Limits

- 70 degree-applicable units
- 6 consecutive semesters (summer excluded)
- Dishonor the MRC 2 consecutive semesters
- Voluntarily withdraw from EOPS



# Time/Unit Limit Waiver

Full-service students with CCCC approved “high unit majors” may petition to extend eligibility for EOPS services up to 2 semesters beyond 70 degree-applicable unit/6 semester limit.

- Meet counselor to determine program eligibility
- Before start of each semester, submit waiver to EOPS director for approval

# Nine (9) Unit Waiver

- ▶ Continuing students successfully completing 12 units, may complete 9.0-11.9 units the following semester without change in EOPS status
- ▶ Student can only enroll in less than 12 units twice while in EOPS
- ▶ Student cannot enroll in less than 12 units in back-to-back semesters

**Note: Financial aid status may be impacted**

# Just a Few More Odds & Ends...

**E-mails** – Establish, maintain, and regularly check your **insite.4cd.edu** e-mail. Your InSite Portal e-mail serves as the main point of contact for all EOPS official correspondence.

**Scantrons/Blue Books** – Normally purchased in the Bookstore, these are testing forms that some instructors will require for exams. Scantrons and Blue Books are an EOPS benefit at no cost to you. Stop by the EOPS Office to get yours before your next exam!

**Counseling Appointments** – You can schedule your counseling appointments online through the EOPS website or by calling (925) 473-7480.

**Calculator and Book Lending** – All calculators and books are property of EOPS and are to be returned no later than the last day of final exams. Students who lose, damage, or fail to return calculators may be subject to holds on their academic records and a change in status in the EOPS program.

# CARE PROGRAM

## What 's CARE?

A student support program offering additional student support services to eligible EOPS students.

## Who's Eligible?

A current EOPS student who is: **a)** single-head of household, **b)** parent/guardian of child 14 or younger in home, **c)** whose child or is personally receiving TANF/ CalWORKs (cash-aid)

## What Services Are Offered?

Childcare, educational grant(\$), monthly meal tickets, automotive repair services, life-development workshops

## When Do I Apply?

**NOW**—contact Robin Harrison

**rharrison@losmedanos.edu**

**or call 925-473-7481**



# Staff Contacts

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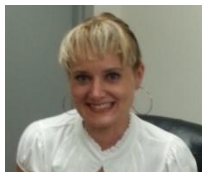
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# Next Steps



**1**

Complete the EOPS Quiz

*(copy and paste the link below into your web browser)*

<http://bit.ly/1wMm2q3>

**2**

Sign your Mutual Responsibility Contract  
and pick up your book voucher

**3**

Purchase your books in the bookstore

**4**

If you have any questions or concerns,  
please contact the EOPS Office.