

What can you do with a Kinesiology degree?



- If you need help understanding more about your personality, skills, or interests and how they relate to career, try the activities on this website:

<http://www.losmedanos.edu/studentservices/career/reflect.asp>



Consultant

- Nutritional Supplements
- Sports Equipment

Education

- Health Educator
- Teacher - K-12 & Higher Ed

- Physical Therapist
- Recreation Therapist

Health Club Administration & Personnel

- Exercise Program Director
- Exercise Test Consultant /Technologist
- Racquet Sport Instructor
- Diet Counselor

Health & Wellness Promotions

- Health Food Stores/Sales
- Health Inspector
- Health Educator
- Pharmaceutical Sales

Recreation & Leisure

- Camp Owner/Director
- YMCA
- Boy Scouts
- Red Cross
- Weight Loss
- Sports
- Cruise Director
- Parks & Recreation Departments

Sport Related

- Agent/Sports Representative
- Coaching
- Equipment Manager
- League Management
- Marketing
- Public Relations & Sports Information Professional
- Special Events Planning / Director of Promotions

Fitness Careers

- Fitness and Exercise Instructor
- Corporate Fitness and Wellness Instructor
- Personal Trainer
- Choreography & Music Services
- Geriatric Opportunities
- Assisted Living Facility Fitness Director
- Yoga Instructor

Health Fitness Medicine

- Chiropractor
- Dietitian
- Exercise Physiologist
- Nurse
- Nutritionist
- Physician
- Physician's Assistant

Health Fitness Rehabilitation

- Athletic Trainer
- Certified Prosthetist
- Dance / Movement Therapist
- Exercise Researcher
- Hand Therapist
- Occupational Therapist

- Sports Administration
- Athletic Director
- Sports Attorney
- Sports Entrepreneur
- Sports Facility Administration
- Sports Journalism
- Sports Museums/Halls of Fame
- Sports Officiating
- Stadium Operations
- Strength & Conditioning Specialist



Network and Connect:

LinkedIn – <http://www.linkedin.com> – start exploring and connecting!

<http://www.weddles.com/associations/>- Weddles- directory of some of the major professional associations listed by industry

<http://www.americankinesiology.org/>: American Kinesiology Association

<http://www.acsm.org/about-acsm/student-corner>: American College of Sports Medicine

<http://www.nata.org/career-center>: National Athletic Trainers Association’s Career Center comprehensive job listings

<http://caate.net/prospective-students/>: Commission on Accreditation of Athletic Training Education

<http://www.bocatc.org/>: Board of Certification of Athletic Trainers

<http://www.onetonline.org/>: O*Net – info on all careers

<http://www.labormarketinfo.edd.ca.gov/occguides/>: California Occupational Guides




<http://www.bls.gov/ooh/>: Occupational Outlook Handbook – Government info on all careers

More Ideas: Local YMCA, Boys and Girls Clubs, Sports Camps, Minor League Clubs, D-League Clubs, Fitness clubs, Wellness Intern @ Apple, Inc or other large corporations.

Create Your Own Opportunity: Use Google Maps to identify organizations around you. Call them up, introduce yourself, tell them about your activities and skills and tell them how you would like to contribute to their company.

Join Campus Organizations: <http://www.losmedanos.edu/student-services/clubs/default.asp>- Gain leadership experience

Los Medanos College, Student Services Center, 4th floor, 925-473-7444

 @LMC_OnYourWay
  Imctransfer_career
  LMC Transfer and Career Services

Transfer & Career weekly email: events, key info, university rep visits, tours, and jobs/internships. Everything you need in one place!!!! Sign up here: <http://www.losmedanos.edu/transfer/about.asp>