

	Course	Number	Title	Month Approved	Day Approved	Year Approved	Cohort	COOR Update Due
482	PE	2	Beginning Step Aerobics	March	4	2015	1	2013-2014
483	PE	6	Physical Fitness	March	4	2015	1	2013-2014
484	PE	12	Power Walk, Stretch and Tone	March	4	2015	1	2013-2014
485	PE	20	Exerjazz for Fitness	March	4	2015	1	2013-2014
497	PE	11A	Beginning Bootcamp	March	4	2015	1	2013-2014
498	PE	11B	Intermediate Bootcamp	October	17	2016	1	2013-2014
499	PE	11B	Intermediate Bootcamp	October	17	2016	1	2013-2014
493	PE	100	Introduction to Kinesiology	March	4	2015	2	2014-2015
494	PE	105	CPR/First Aid	May	3	2013	2	2014-2015
495	PE	10A	Beginning Circuit Training	November	2	2015	2	2014-2015
496	PE	10B	Intermediate Circuit Training	November	2	2015	2	2014-2015
500	PE	14A	Beginning Volleyball	November	17	2016	2	2014-2015
505	PE	46B	Intermediate Basketball	November	17	2016	2	2014-2015
506	PE	4A	Beginning Pilates	December	4	2015	2	2014-2015
507	PE	4B	Intermediate Pilates	March	11	2016	2	2014-2015
508	PE	4C	Advanced Pilates	March	11	2016	2	2014-2015
512	PE	8A	Beginning Weight Training	November	17	2016	2	2014-2015
513	PE	8B	Intermediate Weight Training	November	17	2016	2	2014-2015
514	PE	9A	Beginning Power Lifting	September	29	2016	2	2014-2015
515	PE	9B	Intermediate Power Lifting	September	29	2016	2	2014-2015
489	PE	49	Total Body Sculpting	May	21	2009	3	2015-2016
490	PE	53	Beginning Jazz Dance	April	24	2009	3	2015-2016
501	PE	14B	Intermediate Volleyball	November	17	2016	3	2015-2016
509	PE	57A	Beginning Yoga for Health and Fitness	December	4	2015	3	2015-2016
510	PE	57B	Intermediate Yoga for Health and Fitness	March	11	2016	3	2015-2016
511	PE	57C	Advanced Yoga for Health and Fitness	March	11	2016	3	2015-2016
486	PE	30	Tennis	Dec	2	2009	4	2016-2017
487	PE	33	Cardio Kickboxing	May	21	2009	4	2016-2017
488	PE	42	Golf	Feb	10	2010	4	2016-2017
491	PE	54	Intermediate Jazz Dance	May	21	2009	4	2016-2017
492	PE	55	Advanced Jazz Dance	May	21	2009	4	2016-2017

502	PE	26A	Beginning Soccer	November	17	2016	4	2016-2017
503	PE	26B	Intermediate Soccer	November	17	2016	4	2016-2017
504	PE	46A	Beginning Basketball	November	17	2016	4	2016-2017