

4-week Progress Report

Complete and return SC2-211, 213, or 231 to get you special prize by Friday, Sept. 8th

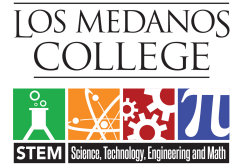
Student Name: _____ Major: _____

Below is the list of resources & tools in the MESA Center and strategies for success. Please check off all of the resources / strategies that you have used to improve your learning in **each** and **every course** and progress in your educational path overall during this progress reporting period.

Resources / Strategy	Yes (✓)	No (✓)	Need More Info (✓)
Overall			
ED PLAN – <i>did you visit the MESA counselor to update your ed plan?</i>			
TIME MANAGEMENT – <i>are you managing your time wisely?</i>			
MESA SPEAKER – <i>have you attended the MESA speaker seminars?</i>			
COLLEGE TOUR – <i>have you gone on any college tours?</i>			
LEADERSHIP – <i>have you taken on any leadership roles on campus?</i>			
Course:			
MESA TUTORS – <i>did you get help from MESA tutors?</i>			
CORE TUTORS – <i>did you get help from tutors in the CORE?</i>			
STUDENT HOURS – <i>did you visit the professor during office hours?</i>			
COMMON CLASS – <i>did you study with other MESA students in your class?</i>			
TEXTBOOK READING – <i>are you actively reading the textbook prior to class?</i>			
REVIEW LECTURE NOTES – <i>are you reviewing notes regularly after class?</i>			
ONLINE LECTURE VIDEOS – <i>are you supplementing with online videos?</i>			
Course:			
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CORE TUTORS – <i>did you get help from tutors in the CORE?</i>			
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Los Medanos College MESA Program



4-week Progress Report

Student Name: _____ Major: _____

Purpose

Student – This 4-wk report is an icebreaker to help build a relationship with your professors and learn your early progress in classes. Please have each professor rate and comment on your progress **during scheduled student (office) hours**. Your self-evaluation can be helpful when discussing your progress with your professors.

Instructors – Please rate and comment on your student’s progress through the first 4 weeks. Also comment on their class participation and attendance. *Thank you for your support.*

COURSES

PROGRESS (✓)

Course title & number: _____ Units: _____
Comments and any recommendations for improvements. Please specify:

Above average _____

Average _____

Below average _____

Too early _____

Instructor Signature: _____ Date: _____

Needs tutoring _____

Course title & number: _____ Units: _____
Comments and any recommendations for improvements. Please specify:

Above average _____

Average _____

Below average _____

Too early _____

Instructor Signature: _____ Date: _____

Needs tutoring _____

Course title & number: _____ Units: _____
Comments and any recommendations for improvements. Please specify:

Above average _____

Average _____

Below average _____

Too early _____

Instructor Signature: _____ Date: _____

Needs tutoring _____

IF YOU HAVE MORE THAN 3 CLASSES, PLEASE OBTAIN ADDITIONAL FORMS IN THE MESA CENTER.

FOR OFFICE
USE ONLY

Reviewed by: _____ Date: _____

Comments: _____