

Los Medanos College MESA Program

12-week Progress Report



Complete and return SC2-211, 213, or 231 to get you special prize by Friday, Nov. 3rd

Student Name: ______ Major: _____

Below is the list of resources & tools in the MESA Center and strategies for success. Please check off all of the resources / strategies that you have used to improve your learning in **each** and **every course** and progress in your educational path overall during this progress reporting period.

Resources / Strategy	Yes (🖌)	No (🖌)	Need More Info (✔)
Overall			
ED PLAN – did you visit the MESA counselor to update your ed plan?			
TIME MANAGEMENT – are you managing your time wisely?			
MESA SPEAKER – have you attended the MESA speaker seminars?			
COLLEGE TOUR – have you gone on any college tours?			
LEADERSHIP – have you taken on any leadership roles on campus?			
Course:			
MESA TUTORS – did you get help from MESA tutors?			
CORE TUTORS – did you get help from tutors in the CORE?			
STUDENT HOURS – did you visit the professor during office hours?			
COMMON CLASS – did you study with other MESA students in your class?			
TEXTBOOK READING – are you actively reading the textbook prior to class?			
REVIEW LECTURE NOTES – are you reviewing notes regularly after class?			
ONLINE LECTURE VIDEOS – are you supplementing with online videos?			
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Purpose				
<i>Student</i> – This is your last progress report before finals. Also	<i>Instructors</i> – Please rate and comment			
the withdrawal deadline is Nov. 17 th . Please have each	on your student's progress during the			
professor rate and comment on your progress <i>during</i>	past 12 weeks. Also include any final			
<i>scheduled student (office) hours</i> . Your self-evaluation can be	recommendations for success in your			
helpful when discussing your progress with your professors.	course. Thank you for your support.			

COURSES		PROGRESS (/)
Course title & number: Comments and any recommendations for in	Units: mprovements_Please specify:	Above average	
	improvementer reade speeny.	Average	
		Below average	
		Needs tutoring	
Instructor Signature:	Date:	Needs to drop	
Course title & number: Units: Comments and any recommendations for improvements. Please specify:		Above average	
		Average	
		Below average	
		Needs tutoring	
Instructor Signature:	Date:	Needs to drop	
Course title & number: Comments and any recommendations for in	Units: mprovements. Please specify:	Above average	
5	1 1 5	Average	
		Below average	
		Needs tutoring	
Instructor Signature:	Date:	Needs to drop	

IF YOU HAVE MORE THAN 3 CLASSES, PLEASE OBTAIN ADDITIONAL FORMS IN THE MESA CENTER.

FOR OFFICE	Reviewed by:	Date:	
USE ONLY	Comments:		