

Honors Art/Humanities 35

Mesoamerican Culture through Ceramics

Why are skull emblems so popular in

Mexico? What is the artistic significance of pyramid imagery? Do you like hands-on projects? Then take this unique Honors Course that presents an interdisciplinary approach to the study of Mesoamerican civilizations. You'll explore

the spiritual, intellectual and political foundations of Mesoamerican art, both ancient and contemporary. Taught in LMC's

sculpture lab, you'll immediately apply what you're learning by getting your hands dirty with clay as part of class assignments. No previous art experience is necessary, just an interest in developing your own creative skills while learning about ancient Mexico. This fascinating course counts either in the Art or

Humanities Departments and is offered in partnership with the Puente Program.

MW 12:45-3:05PM #0103/0154 IGETC 3B, CSU C1, Honors: Hum/Fine Art Two In-Person Classes Weekly

Professor Lucy Snow has worked and/or studied in Colorado, Costa Rica, Maine and Oklahoma before moving to California to get an M.F.A. in sculpture from UC Berkeley. She runs the LMC ceramics studio with a team of community artists and loves to play the bass guitar with her band.

Honors Biological Science 8

Human Biology

Biological systems are complex. For example, did you know your body is an integrat-

ed system of more than 37 trillion cells? Yet even after centuries of inquiry the unknowns of human biology are immense. This class will discuss key questions about human health and help you acquire both the language and logic of biology. We will



pursue questions like: What is the effect of aging on the body and can this be reversed?

> How does your body process food for energy? How is genetics related to health? This fascinating hybrid Biology Honors Course includes hands-on lab experiments and asynchronous online material. And yes, it does satisfy your transfer biological science requirement!

W 7:50-11AM #0003 IGETC 5B, CSU B2/B3; Honors: Math/Science Hybrid: One in-person meeting on campus weekly + asynchronous online work

Professor Jill Bouchard fell in love with science at Foothill College and went on to earn her PhD in neuroscience from UCSF. Her research included investigating how to reverse brain aging and cannabinoidbased therapies for neurodegenerative diseases. Though she loved research, she loves teaching community college students even more! Outside of work you'll find her hanging out with her husband and two young kids.

Professor Jancy Rickman earned a B.S. in Dance & Theater Education. After graduation and before earning an M.A. in Biology from SFSU, she spent time choreographing a children's theater production, working for Dharma Publishing and studying botany which was her inspiration for getting into teaching. Outside of LMC, Jancy can be found walking, hiking, and biking with the goal of enjoying all things flora and fauna.



Honors Courses Fall 202

Honors Drama 70

Film as an International Art Form

Everyone loves movies, but have you ever truly learned the history of this vibrant art form? Do you know how to analyze the narrative, cinematography and editing choices of your favorite films? From Charlie Chaplin's silent movies in the 1920s, to landmark works like Akira Kurosawa's Rashoman or 1970's Blax-



ploitation films like Shaft, movies have enchanted and provoked us. In this class you'll get to see lots of amazing films from all over the world and appreciate their contribution to the artistic arc of cinema. We'll also study the politics and themes found in diverse genres like Westerns, Sci Fi/Fantasy movies and more. Don't miss it!

Th 3:30-5:35PM #0053 IGETC Area 3A, CSU Area C1, Honors: Hum/Fine Arts Hybrid: One in-person weekly meeting on campus + asynchronous online work

Professor Nick Garcia is the chair of the LMC Drama Department. He received his MFA in acting at the University of Iowa and relishes his role as director, coach and designer. He has also designed curriculum for numerous children's theater companies nationwide. Nick acts professionally in the Bay Area, including Alter Theater's world premiere of Landless, staged in an empty San Rafael storefront. Want to know his favorite movie? As you wish; it's The Princess Bride.

Honors English 100

College Composition

Do you have deep feelings about the police? Are you fed up, fascinated, or confused by

policing and the justice system in our nation? Do you hope for change? Or are you simply curious?

Together we will answer these and more questions as we explore the U.S. justice system's failings, nuances, and possibilities told from those who have worked within the system. You will read fascinating

> texts about policing and prosecuting as you strengthen your critical reading, writing, and thinking skills. In addition, you will write 1-2 research-based essays focused on evaluating the justice system in order to develop skills needed to defend your answers to crucial

questions facing society.



Tu 11:10-12:35PM #0122 IGETC 1A, CSU A2; Honors: Hum/Fine Arts Hybrid: One in-person weekly meeting on campus + asynchronous online work

Professor Sara Toruno-Conley has been teaching at Los Medanos College since 2007. She grew up in the high desert of southern California and now lives in Richmond with her husband, son, and little Chihuahua. Sara has a chapbook of poems published, *The Dementia of Language*, and her poems have appeared in literary journals such as Forge, Contraposition, The Café Review, Eclectica, Ginosko, Temenos, and Monday Night. In her spare time, she enjoys reading and listening to podcasts.

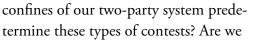
Honors Political Science 10

Introduction to American Government

The Presidential Election of 2024 will be unprecedented in American history as an

sucker for punishment? Do the stubborn

unpopular ex-president tries to reclaim his job from an unpopular sitting president. Given that a large proportion of Americans dislike both candidates, we have to ask, "How did we get here?" Is our body politic simply a



knowingly on the march towards a second civil war because of our inability to compromise? These questions and many others will be answered in this Honor's class as we watch what is expected to be a bloody rematch unfold in front of our very eyes.



TuTh 12:45-2:10PM #0370, IGETC 4H, CSU Area D & US History 1;Honors:Soc/Beh Sci
Two In-Person Classes Weekly

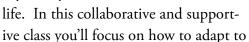
Professor Ryan Hiscocks earned his MA in political science from CSU Long Beach. Before becoming a college professor he worked as a rigging grip in motion picture industry, then a laborer in the airline industry. Ryan has traveled in more than 20 countries and he enjoys backpacking and fishing in the Sierra Nevada mountains with his adventurous wife Ashley. He is looking forward to continuing to hike, fish, and travel with Ashley and their two sons, Rex and Everett... as soon as they're old enough.

Honors Speech 110

Honors Speech Communication

Did you know public speaking excellence is one the top skills employers want? Whether you're trying to convince

a venture capitalist to fund your startup, training a group of new employees, or advocating for your favorite cause, public speaking is a key ability for a successful



a diverse audience, find ways to engage even the toughest crowds and of course, disguise public speaking nerves. If you are

looking for a fun and challenging course that can give you hands-on experience in all of those skills, this honors course is the place for you. Come join us as we read,

write, speak, think, and laugh our way toward some truly key skills for success.

TuTh 9:35-11AM #2082 IGETC 1C; CSU A1; Honors Soc/Beh Science In-Person class with twice weekly on-campus meetings

Professor Star Louis Steers attended several community colleges and changed her major 3 times before finding exactly where she belonged: Communication Studies! She earned her BA and MA at San Francisco State University and taught high school before coming to LMC in 2013. Star has many trusty adventure buddies—her four sons and her partner—and when she isn't traveling with them, she can be found sewing fun costumes, dancing to melodic deep house music, or frantically reading journal articles as she works on her PhD.



Honors Courses Fal

Honors Philosophy 122

Ethics and Democracy

- Were the actions of Donald Trump and supporters on January 6 a morally permissible way to participate in democratic discourse, or an immoral attack on democracy itself?
- Is the personal virtue of leaders necessary for democracy to flourish?
- Are practices such as voter ID laws, gerrymandering, poll closures, and felon disenfranchisement ethical?
- In a multiracial pluralistic democracy like the US, how can minority rights be protected?

This special version of the Honors Seminar will engage in research and analysis rel-

evant to the unfolding drama of the 2024 presidential election. Former President Trump's supporters hail his campaign as a way to "make America great again," while even conservative and moderate voices (Liz Cheney, *The*

Economist) say that Donald Trump and some of his supporters are a danger to

American democracy. Using the tools of ethics, we will examine contemporary elec-

toral and governing practices through a lens of right and wrong. Assuming that even in the best democracy people disagree, often bitterly, what practices and procedures and actions are morally permissible, and what should be

considered out of bounds?



MW 11:10AM-12:35PM #0287 IGETC 3B; CSU C2; Honors Seminar Two In-Person Classes Weekly

Professor Alex Sterling has a BA in philosophy from Macalester College, an MA in philosophy from Purdue University, and an MA in English from Cal State East Bay. Alex has been at LMC since 2006 and is an Honors Program enthusiast who especially loves the Honors Retreat. He is married to Julianne, and they have two sons Jasper and Adlai. Alex LOVES rock music and leads a band called Desoto Reds.

Honors Course Instruction Mode Details

Fully In-Person: This course meets in-person twice weekly in a campus classroom on the advertised days/times.

Hybrid: In-Person & Canvas This course meets once per week in-person in a campus classroom. All other work is done asynchronously online through Canvas.



Honors Courses Fall





Honors Course Summer 2024

Honors Philosophy 122

Honors Seminar: The Ethics of Technology

June 10-July 18

- Is Twitter morally obliged to block racist ideologies or scientifically incorrect beliefs?
- What ethical commands should driverless cars be given?
- Should we pass legislation to prohibit public use of facial recognition technology?
- *Is the use of A.I.s and predictive algorithms in the criminal justice system moral?*

This popular class explores a variety of important ethical issues that have

arisen in the wake of recent advancements in technology. More than ever, you need tools to think deeply about these important ethical decisions with widespread impact on your life.

First, we will develop a framework for discussing ethics and what it means to be ethical and why that is important to you. This fully in-person and engaging course will involve lots of lively discussion and the opportunity to explore intriguing topics related to technol-

> ogy. Your final project will be creating a short video in teams on an issue you choose related to technology ethics. We will watch your video in class—after which your team will help to guide an in-class

discussion on the topic.

Don't miss this opportunity to take the required Honors Seminar this summer in a fun and accelerated way.

MTuWTh 10:15PM-12:20PM #0110 IGETC 3B, CSU C2; Honors Seminar In-Person Class with four In-Person Meetings Weekly

Professor Jennifer Smith transferred from Los Medanos College to University of California, Berkeley; where she earned a BA in Philosophy. She then went on to San Francisco State University to earn a MA in Philosophy. She loves being in nature, as an avid hiker or in the place she feels most at peace: kayaking in the ocean. When not teaching or being in nature, you will find her reading recipes to create her newest meal in the kitchen.

Honors Course Schedule & Instruction Mode Details

This six-week summer course lasts from June 10 to July 18. Class meets four times per week in-person on the LMC Pittsburg campus.

This course counts towards the two required Honors Courses for Academic Year 2024-25. It meets the Honors Seminar requirement for the Honors Scholar medal.