



# Quick Start User Guides

*For*

- **Teachers**
- **Students**
- **High School Counselors/Admin.**

## User Guides

The "Quick Start" guides are designed to give your users a concise reference to set up their own login account for their specific system group, and provide general instructions to start using the system.

We encourage you to make copies of the Quick Start Guides and distribute them during training and in-service sessions.

When training teachers, provide them with...

=> Teacher Guide, and Student Guide

Each of the user Quick Start guides includes an address to your web site and/or your CATEMA System Login page...

Your **CATEMA**® System login page address is...

<https://www.catema.net/contracosta/>

(case sensitive – must be lower case)