

Los Medanos College

Academic Success Inventory



This inventory represents statements that have been associated with being successful in college over a long period of time. The statements refer to your present academic aspirations, school habits, family and friends, your attitudes and beliefs about college, and your general involvement with college.

Please read each statement carefully and rate your level of agreement or disagreement with that statement by circling the corresponding number. Agreement levels range from 1= strongly agree to 5= strongly disagree.

At LMC we feel that by assessing factors associated with student success would assist students in understanding specific areas for improvement. Thank you for your participation.

Name: _____

SSN: _____--____--_____

© 1997 Matriculation Services

Los Medanos College
2700 East Leland Road
Pittsburg, CA 94565

Career Vision: This set of items is about your career plans. Please indicate your level of agreement or disagreement with the following statements.

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|---|----------------|------------------|-----------|---------------------|-------------------|
| I am clear of what I want to do as a career or profession. | 1 | 2 | 3 | 4 | 5 |
| My career goal is a strong motivation to achieve in school/college. | 1 | 2 | 3 | 4 | 5 |
| I expect to be in the top third of most of my classes. | 1 | 2 | 3 | 4 | 5 |
| I like a class assignment that is challenging. | 1 | 2 | 3 | 4 | 5 |
| I expect to do something significant with my life. | 1 | 2 | 3 | 4 | 5 |
| I like new and different kinds of class assignments. | 1 | 2 | 3 | 4 | 5 |
| I usually have a good idea of the grade I will receive on a paper or exam. | 1 | 2 | 3 | 4 | 5 |
| I look at college as gaining skills that I can apply to a career. | 1 | 2 | 3 | 4 | 5 |
| I am exploring for a career. | 1 | 2 | 3 | 4 | 5 |

Time Management

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|---|----------------|------------------|-----------|---------------------|-------------------|
| Planning how I am going to spend my time is fairly easy for me. | 1 | 2 | 3 | 4 | 5 |
| I write a schedule for my week in advance. | 1 | 2 | 3 | 4 | 5 |
| I keep a regular study schedule. | 1 | 2 | 3 | 4 | 5 |
| I am able to prioritize assignments I need to do. | 1 | 2 | 3 | 4 | 5 |
| My assignments come before my social activities. | 1 | 2 | 3 | 4 | 5 |
| I schedule outside activities so they don't interfere with my studies. | 1 | 2 | 3 | 4 | 5 |
| I make the best use of the time I have. | 1 | 2 | 3 | 4 | 5 |
| I want to do more things that I have time to do. | 1 | 2 | 3 | 4 | 5 |
| I often wait until the last minute to do my class assignments. | 1 | 2 | 3 | 4 | 5 |
| When I know I am going to have a test, I begin to study in advance. ... | 1 | 2 | 3 | 4 | 5 |
| I am satisfied with my time management skills. | 1 | 2 | 3 | 4 | 5 |

College Involvement

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|--|----------------|------------------|-----------|---------------------|-------------------|
| I involve myself with a lot of school or college projects. | 1 | 2 | 3 | 4 | 5 |
| I know where most of LMC's student service offices are. | 1 | 2 | 3 | 4 | 5 |
| I know where the school/college counseling office is located. | 1 | 2 | 3 | 4 | 5 |
| When I'm at LMC, I feel apart of it (I feel I belong). | 1 | 2 | 3 | 4 | 5 |
| I try to be very involved in school/college activities. | 1 | 2 | 3 | 4 | 5 |
| The people I hang around with get good grades. | 1 | 2 | 3 | 4 | 5 |
| I like to discuss my career aspirations with instructors. | 1 | 2 | 3 | 4 | 5 |
| I am considered a conscientious student. | 1 | 2 | 3 | 4 | 5 |
| I like to attend college events like plays, concerts, games, etc. | 1 | 2 | 3 | 4 | 5 |

Family Support

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|---|----------------|------------------|-----------|---------------------|-------------------|
| My family will attend my graduation. | 1 | 2 | 3 | 4 | 5 |
| My family feels getting a college education is very important. | 1 | 2 | 3 | 4 | 5 |
| It was expected that the children in our family would go to college. | 1 | 2 | 3 | 4 | 5 |
| I discuss my school assignments with my family. | 1 | 2 | 3 | 4 | 5 |
| My family expects me to do well in my school work. | 1 | 2 | 3 | 4 | 5 |
| I show my school grades to my family. | 1 | 2 | 3 | 4 | 5 |
| I discuss future career plans with my family. | 1 | 2 | 3 | 4 | 5 |
| My family is supportive towards my studies/education. | 1 | 2 | 3 | 4 | 5 |
| My family helps me finance at least some of my college education. | 1 | 2 | 3 | 4 | 5 |
| I am satisfied with the support that my family gives me in my studies. . | 1 | 2 | 3 | 4 | 5 |

Academic Involvement

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|--|----------------|------------------|-----------|---------------------|-------------------|
| I put in long hours of studying when necessary. | 1 | 2 | 3 | 4 | 5 |
| I make it a point to meet with faculty during office hours. | 1 | 2 | 3 | 4 | 5 |
| If I have to study, I study even when I would rather be doing something else. | 1 | 2 | 3 | 4 | 5 |
| I participate in class discussions – ask questions, bring up issues. | 1 | 2 | 3 | 4 | 5 |
| I keep a regular schedule to do my school-work (class assignments, studying). | 1 | 2 | 3 | 4 | 5 |
| I am able to deal with noise and distractions while studying. | 1 | 2 | 3 | 4 | 5 |

Academic Motivation/Concentration

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|--|----------------|------------------|-----------|---------------------|-------------------|
| In at least one class, I often spend time doodling or daydreaming instead of listening to the instructor. | 1 | 2 | 3 | 4 | 5 |
| Most of the time I feel motivated to study. | 1 | 2 | 3 | 4 | 5 |
| I often feel like not attending classes. | 1 | 2 | 3 | 4 | 5 |
| I often feel like dropping out of school and doing something else. | 1 | 2 | 3 | 4 | 5 |
| I generally believe that getting a “C” grade in my classes is good enough for me. | 1 | 2 | 3 | 4 | 5 |
| I often feel I am taking courses that are of little practical value to me. ... | 1 | 2 | 3 | 4 | 5 |
| So far I have found LMC to be motivating. | 1 | 2 | 3 | 4 | 5 |
| I enjoy studying. | 1 | 2 | 3 | 4 | 5 |
| I start each school term highly motivated, and I stay that way throughout the semester. | 1 | 2 | 3 | 4 | 5 |

Study Habits

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|--|----------------|------------------|-----------|---------------------|-------------------|
| I take clear notes in classes. | 1 | 2 | 3 | 4 | 5 |
| I review my class notes regularly. | 1 | 2 | 3 | 4 | 5 |
| I study ahead of time for exams. | 1 | 2 | 3 | 4 | 5 |
| I turn in term papers on time. | 1 | 2 | 3 | 4 | 5 |
| I keep a regular schedule to do my school work. | 1 | 2 | 3 | 4 | 5 |
| I am satisfied with my study habits. | 1 | 2 | 3 | 4 | 5 |

Wellness/Health

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|---|----------------|------------------|-----------|---------------------|-------------------|
| I exercise regularly (about 2 - 3 times a week). | 1 | 2 | 3 | 4 | 5 |
| I eat balanced meals. | 1 | 2 | 3 | 4 | 5 |
| I get enough sleep every night. | 1 | 2 | 3 | 4 | 5 |
| I take care of my health in general. | 1 | 2 | 3 | 4 | 5 |
| I play a physical sport on a regular basis. | 1 | 2 | 3 | 4 | 5 |
| I feel I am in pretty good health. | 1 | 2 | 3 | 4 | 5 |

Student-Faculty Interaction

| | Strongly Agree | Moderately Agree | Undecided | Moderately Disagree | Strongly Disagree |
|--|----------------|------------------|-----------|---------------------|-------------------|
| My interactions with LMC faculty outside the classroom have helped me define my career goals and aspirations | 1 | 2 | 3 | 4 | 5 |
| My interactions with faculty outside the classroom have been helpful to me in understanding who I am as a person – what I value and what I believe in | 1 | 2 | 3 | 4 | 5 |
| My talks with faculty outside the classroom have influenced my intellectual growth – they have inspired me to reflect on concepts, issues and ideas | 1 | 2 | 3 | 4 | 5 |
| I have established good rapport with at least one LMC faculty member ... | 1 | 2 | 3 | 4 | 5 |
| I have visited faculty during their office hours to discuss class-related matters, such as homework or class assignments..... | 1 | 2 | 3 | 4 | 5 |