

# LMC Food Pantry Availabilities - 3/5 - 3/9/2018

Name \_\_\_\_\_

Date \_\_\_\_\_

Student ID \_\_\_\_\_

**PLEASE WRITE NUMBER OF DESIRE ITEMS IN BOX. TOTAL LIMIT IS 5 ITEMS PER DAY.**

## Baby

- Baby Formula (ask the associate for selection)
- Diapers, 1st
- Mother's Lactation Tea
- Oatmeal Cereal

## Drinks

- Apple Cider Concentrate

## Toiletries

**None available at this time**

## Grains

- Elbow Pasta
- Spaghetti Pasta

## Fruit

- Apple Sauce
- Peaches
- Pear slices
- Raisins

## Non-perishable Vegetables

- Beans, Black
- Beans, Dark Kidney
- Beans, Garbanzo
- Beans, Green
- Beans, Navy
- Beans, White Kidney
- Beets
- Carrots
- Kernal Corn
- Mixed Peas and Carrots
- Olives
- Sweet Potato
- Tomatoes, Diced
- Tomatoes, Paste
- Tomatoes, Sauce

## Non-perishable Meats

- Chicken
- Chili
- Spaghetti/Joe's O's
- Tuna

## Sweets / Snacks/Baked Goods

- Clif Bars, Blueberry
- Clif Bars, Carrot Cake
- Clif Bars, Chocolate Chip
- Clif Crunch Bar, Chocolate Chip
- Clif Crunch Bar, White Chocolate Macadamia Nut
- Clif Energy Bloks
- Clif Nut Butter Filled Bar
- Luna, Blueberry
- Luna, Nutz for Chocolate

## Spreads/Sauces

- Chicken Spread
- Cranberry Sauce
- Gravy
- Pasta Sauce
- Peanut Butter

## Soup (Meat)

- Chicken Noodle Soup
- Chicken Stars
- Chicken Tortilla Dry Soup Mix
- Cream of Chicken Dry Soup Mix
- Chicken with Rice Dry Soup Mix
- Cream of Chicken Dry Soup Mix

## Soup (No Meat)

- Cream of Mushroom Soup
- Tomato Condensed Soup
- Vegetable
- Organic Black Bean

**PLEASE SIGN HERE** \_\_\_\_\_