

LOS MEDANOS  
COLLEGE

**ESL Peer Advisory Leaders' *Support Hours* – Spring 2017**

	Monday	Tuesday	Wednesday	Thursday
<b>Abel Ruiz</b> <a href="mailto:aruiz959@insite.4cd.edu">aruiz959@insite.4cd.edu</a>	1:00 - 2:00		8:00 - 9:00	
<b>Elba Pastora</b> <a href="mailto:epastora580@insite.4cd.edu">epastora580@insite.4cd.edu</a>	2:00 - 3:00	1:00 - 2:00		
<b>Maria Reyna</b> <a href="mailto:mreyna881@insite.4cd.edu">mreyna881@insite.4cd.edu</a>		3:00 - 4:00		
<b>Paola Betancourt</b> <a href="mailto:pbetancourt714@insite.4cd.edu">pbetancourt714@insite.4cd.edu</a>				3:00 - 5:00

Location: *ESL Lab, CC2-281*

# LMC ESL Peer Advisory Leaders (PALs) Program

## Students Helping Students Succeed

### Who are we?

We are successful, caring, current and former, international/immigrant ESL students, with multilingual and multicultural abilities, sensitivities, and experiences here to help **YOU** succeed too!

### What do we do?

We help you find and understand the many available LMC resources on campus and online. We give guided tours of the college and help you locate areas of support like Student Services, the Bookstore, and the Library. We also give in-class presentations about different resources.



### How can we help?

We listen to you. We use our experience and knowledge to show you how to get what you need. And we connect you with the right person or department to get you the right answers to your questions.

### Why should you contact us?

We have been where you are. We know it can be hard to understand and find all of the college information you need. We **want** to help you : )

### Where can you find us?

We hold our **ESL PALs' Support Hours** every week in the *ESL Lab* on the second level of the main College Complex, room CC2-281. You can also email us (see other side).

### When are we available?

Take a look at the back of this page for our Spring 2017 schedule.